



Sir Martin Frobisher Academy Weekly Lesson Plan

Nursery



Date: 27.04.2020-3.05.2020

Suggested Daily Timetable:

8:30-9:00	9:00-9:30	9:30-9:45	9:45-10:15	10:15-10.45	10.45-11.20
Wake up, have breakfast, get washed and dressed	Joe Wicks PE	Quick drink break and get things ready fun and games.	Fun and games	Drink, snack and getting outside.	Literacy and imaginative play
11.20-11.55	11.55-1.00	1.00-1.45	1.45-2.30	2.30-3.00	3:00-3:15
Choosing time	Wash Hands Lunchtime	Exploration and play	Choosing time	Drink, snack and getting outside.	Share a story.

Choosing time – provide your child with time to choose their own play activities.

Nursery Rhyme of the week – Five little men in a flying saucer

We would love all our Early Years children to learn a nursery rhyme a week during this time learning at home.

If you have internet access use this link to support learning: <https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-five-little-men-in-a-flying-saucer/z6ggscw>

FIVE little men in a flying saucer
flew round the world one day.
They looked left and right, but they didn't like the sight
So one man flew away.

FOUR little men in a flying saucer
flew round the world one day.
They looked left and right, but they didn't like the sight
So one man flew away.

THREE little men in a flying saucer
flew round the world one day.
They looked left and right, but they didn't like the sight
So one man flew away.

TWO little men in a flying saucer
flew round the world one day.
They looked left and right, but they didn't like the sight
So one man flew away.

ONE little man in a flying saucer
flew round the world one day.
He looked left and right, but he didn't like the sight
So one man flew away.

Literacy/Imaginative play

Each week we would like your child to learn a nursery rhyme by heart.

Monday: Practise the nursery rhyme of the week with your child, maybe see if your child could suggest some actions they could use to go with the song, like making their hand the flying saucer to fly away.

Tuesday: if you still have some of the sheets available encourage your child to trace over their name s again, if not write it yourself preferably in a pale colour like yellow and ask them to try to write over the top. If you do make your own please remember to write bigger and space between to help your child.

Wednesday: Give your child some paper and ask them to draw their own spaceship they could even add a spaceman if they chose. Would love to see them so if you are able please add to their tapestry account.

Thursday: Spend some time reading with your child, pause in places to ask your child what happens next and how they think the story will end. Alternatively if it is a story your child knows well ask them to read you a story. Talk about the pictures and ask them so questions.

Friday: Ask your child to re tell you the five little men rhyme and if they have some suggested actions. If you have access to be able to take pictures or videos and feel free to add to your child's tapestry account.

Maths

Monday: Have a hunt around your home and see how many sets of objects your child can find to make 5 e.g. 5 apples, 5 cuddly toys, 5 cars...

Tuesday: Encourage your child to use any available resources to make a spaceship, they could use duplo, wooden bricks or tins of beans and boxes from the cupboard, ask your child about the objects and shapes they have made and how many they have used.

Wednesday: Today encourage your child to count their physical actions, ask them to count 10 claps. 10 jumps, 10 tummy taps see what other ideas they can suggest to you.

Thursday: If you are able show your child some pictures of planets (you could use books, pictures, drawings or the internet) talk to your child about the shape, they may say ball, they may say circle, they may say round, the correct name is a sphere but do not worry to much about this at present although can introduce them to this name. See what else they can find of a similar shape.

Friday: Have another go at finding sets of 5 objects around the house see what different things your child can find today.

Weekly Exploration and Play

Each week we will provide you with a list of fun activities that you can complete during the suggested time slot. You can pick and choose which ones you complete on what day as we understand that day to day routines may change. We also know that some children love to do the same activities again and again because they loved them so much. It's okay to make a pirate hat everyday if that's what is fun to your child.

- Learn the names of the planets – Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune (don't forget Pluto is no longer a planet because it was decided it was too small. Pluto is now known as a dwarf planet). **If you have internet access you can use the following links to support learning. Remember to always supervise your child when they are using the internet.**

- <https://www.youtube.com/watch?v=mQrlgH97v94> (A song with lots of great facts to help you learn).
- <https://www.youtube.com/watch?v=ZHAqT4hXnMw> (A space rap).
- https://www.youtube.com/watch?v=BZ-qLUlj_AQ (A slower song to help you learn).

- Make a cardboard tube rocket. Using recycles materials to create a rocket. **Remember to never leave your child unsupervised with scissors if being used.**



- Hand and feet aliens – you will need some child friendly paint to complete this activity. You can use a range of materials to create extra features such a bottle tops, tin foil, button, cotton buds etc.



- Paper plate flying saucer – you can use any materials you have at home to make a flying saucer. A paper plate is one example. Look in your recycling box to see what you have spare.



- Star gazing – **We will leave this up to parents/carers to decide if they wish to take the time to look at the stars at night as we know it does not get dark till much later this time of year.** If you do, enjoy the time talking about what your child can see? What do they think stars are? Why are they there? What would a shooting star look like? Can they see the moon?
- Alien slime (aka gloop) – **This is a messy but fun job!**
You will need: 2 cups of cornflour, 1 cup of water, an old container, food colouring (optional).
Place the cornflour into the container and add two drops of food colouring if you have some.
Pour the water into the container. Mix the water into the cornflour and colouring. It will take some time to mix together but encourage your child to play with the gloop before it is mixed. What does it feel like?

Fun and Games

Monday: Enjoy some time with your child making their own flying saucer to play in, you may choose to use a washing basket, some cushions, a cardboard box, let your child take a lead with their imagination and show you how creative they can be..

Tuesday: Explain to your child that you are going to ask them to have a hunt around the home for some opposites, ask them to find you a big and a small car, a tall and a short bottle or a black and a white sock, you can continue this game with your own ideas.

Wednesday: If you have a garden you may choose to take this activity outside, find a ball to practise catching and throwing, you may like to turn your ball into a pretend planet. If you do not have a ball other items can be used like cushions or cuddly toys.

Thursday: Have a go at an opposite game with your child, explain to them that you will do the opposite task to them, ask them to stretch up high while you bend down to touch the floor, show you a happy while you show a sad face, Take a big giant step while you take a tiny step, clap their hands loudly while you clap quietly, they sit down while you stand up tall and sing their nursery rhyme quietly while they sing as loud as they can.

Friday: A favourite game in nursery with the children is hide and seek, either with yourself or siblings and others at home have a game and don't forget to encourage your child to be the seeker too and practise their counting skills.

Getting ready for school

Each week we will provide you with things you can do to help prepare your child for starting school in September. Each task will help your child to become more independent and confident. They may already be able to do some of the things we share with you. Pick the ones that they need help with and practise those as much as possible. We will provide a set theme each week to focus on.

Self-care

- I know when and how to wash my hands.
- I can wipe my own nose.
- I can ask for help if I do not feel well.