



Sir Martin Frobenius Academy Weekly Lesson Plan

Nursery



Date: 1.06.2020-7.06.2020

Suggested Daily Timetable:

8:30-9:00	9:00-9:30	9:30-9:45	9:45-10:15	10:15-10:45	10:45-11.20
Wake up, have breakfast, get washed and dressed	Joe Wicks PE	Quick drink break and get things ready fun and games.	Fun and games	Drink, snack and getting outside.	Literacy and imaginative play
11.20-11.55	11.55-1.00	1.00-1.45	1.45-2.30	2.30-3.00	3:00-3:15
Choosing time	Wash Hands Lunchtime	Exploration and play	Choosing time	Drink, snack and getting outside.	Share a story.

Choosing time – provide your child with time to choose their own play activities.

Nursery Rhyme of the week – Five current buns

We would love all our Early Years children to learn a nursery rhyme a week during this time learning at home.

If you have internet access use this link to support learning: <https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-five-currant-buns/zm4nmfr>

You can change the number of current buns that you start with.

Five currant buns

FIVE currant buns in a baker's shop,
Round and fat with a cherry on top.
Along came a boy with a penny one day,
Bought a currant bun and took it away.

FOUR currant buns in a baker's shop,
Round and fat with a cherry on top.
Along came a girl with a penny one day,
Bought a currant bun and took it away.

THREE....Along came a boy....

TWO ...Along came a girl

ONE ...Along came a boy ...
Bought a currant bun and took it away.
Bought a currant bun and took it away!

Literacy/Imaginative play

Each week we would like your child to learn a nursery rhyme by heart.

Monday: Practise the five current buns rhyme with your child.

Using playfood or products from your cupboards/ recycling box help your child to prepare a food/ bakers shop (if possible somewhere where it can be returned too or reused during the week), if you do not have a till use a tub and provide your children with some coins/ pieces of paper/ tokens or an item to resemble money to them (tell your child and monitor that if they are having real coins not to put them in their mouth.)

Tuesday: Practise the five current buns rhyme with your child and encourage them to use some actions, you may know some to teach your child or make them up together.

Have another practise at name tracing/ copying depending on how your child is developing with this now.

Wednesday: Practise the five current buns rhyme and their actions with your child.

Share a story with your child, ask them some questions about what they think you need to read to them, how they think the story will end and what has happened during the story. If possible select a second book and ask your child to tell you a story based on what they can see in the pictures.

Thursday: Practise the five current buns rhyme and their actions with your child.

Ask your child to draw or paint a cake, encourage them to add their name to their picture/ painting.

Friday: Encourage your child to perform the five current buns rhyme and their actions to other household members their teddies or you may even could video call a relative or friend if possible. This could be added to tapestry if you are able.

Maths

Monday: Practise counting with your child up to 10.

Provide them some paper and allow them to label prices for the items in their shop, your child may attempt their own numbers, if they ask for help show them the number but keep them low initially (1,2,3) allow them to try to copy or they may have their own ideas like drawing 1/2/3 dots.

Tuesday: Practise counting up to 10 add some actions to this like claps, jumps, taps.

Ask your child to bring you sets of 5 you may ask them to bring you 5 cars/ teddies/ apples. If your child brings you the wrong amount don't worry just encourage them to count the items and then try to correct it if they need another one or two items or to remove some.

Wednesday: This can be done with paper and pencils, chalk on the wall/ ground or even a jar of water with a brush, ask your child to draw you different amounts of objects for example you could ask them to draw 2 circles or 1 flower. Keep the numbers below 5 unless they show you confidence and you feel it is appropriate to go higher.

Thursday: Practise counting up to 10 with actions.

Prepare some objects in advance, a bowl or pot and you may like to use items from their shop, buttons, small toys or anything else you have available. Using the number cards you previously made or writing the numbers to 5 on paper ask your child if they can recognise the number and put the amount of objects in the pot/ bowl.

Friday: Have fun in your child's shop with them if it is still available to them, encourage them to use their counting skills in either a customer or shopkeeper role by giving you/ or asking for 1-2-3 coins.

Weekly Exploration and Play

Each week we will provide you with a list of fun activities that you can complete during the suggested time slot. You can pick and choose which ones you complete on what day.

- **Bakers' shop role play** - Make your own bakers role play shop at home – think about what you need in your shop. You could use recycled materials to make some of the items you need. Things you might like to make or have already are a till, shopping basket, tables/shelf for the food, kitchen tools to 'bake' with, money and pretend cakes, bread, buns. Enjoy playing in your own bakers' shop. Don't forget to give it a name!
- **Exploring coins-** Gather a selection of different coins and explore them together. Talk about the different shapes and sizes. Look at the different numbers on each one. What do they mean? Why are there pictures on the coins? What are they of?
- **Coin rubbings** – you will need a selection of coins, paper and a pencil or crayon (crayons may work better). Place the coin under the paper then gently rub/colour on top of the paper. Watch carefully as the coin begins to appear.
- **Bake!** Spend some time baking at home together. There is a simple fairy cake recipe after the planning pages – **scroll down**. If you have some of your own favourite recipes, then you could follow these.

Note for parents: We would love to see your Bakers' Shops and pictures of you baking at home. You can share any learning that you do by emailing updates@smfa.org.uk

Fun and Games

Monday: Enjoy the shop they have helped to make, you, other family members or their teddies could be their customers or shopkeeper.

Tuesday: Play Simon Says with your child but change it to your name/ relationship with the child e.g. mum, dad, auntie, Fred says initially begin by telling your child ___ says every time but as they become more confident you could say to them to only perform the actions when it begins ___ says to try to challenge them further

Ask your child to do different full body movements like stretching tall, crouching small, standing on one leg, jumping high, putting hands on their heads. After a time let your child have a try at taking the lead.

Wednesday: Talk to your child about who or what they are currently missing, it could be a grandparent, aunt, uncle, friend or it could be trips to the park, encourage them to paint/ draw or collage a picture of for their missing item and if possible post it to them.

Thursday: Make some playdough with your child, One we have used is

2 cups of plain flour,

$\frac{3}{4}$ cup of salt

4 Teaspoons of cream of tartar

2 cups of lukewarm water

2 Tablespoons of vegetable oil.

If you don't have these ingredients and have access to internet google for other simple recipes.

Your child can then become creative making some cakes and bread they may have seen in the bakers.

Friday: Have a game of hide and seek with your child and other family members in your household take it it turns to hide and seek.

Getting ready for school

Each week we will provide you with things you can do to help prepare your child for starting school in September. Each task will help your child to become more independent and confident. They may already be able to do some of the things we share with you. Pick the ones that they need help with and practise those as much as possible. We will provide a set theme each week to focus on.

- If your child is using the toilet encourage their independence in their skills, to practise to wipe themselves and flush the chain themselves.
- If your child is still potty training keep encouraging this, now the weather is warmer and if possible leave your child without a nappy or with pants outside and have a potty ready, keep reminding them and give them lots of praise when they do go, sticker/ reward charts can also help, another tip is to put a pair of pants inside their nappies to make them aware of the feeling of wetness and if the opportunity is available discuss for more tips and suggestions with your health visitor.
- Teach your child to wash their hands independently if they do not already do so, encourage them to put soap all over this may need support initially. There are lots of videos available on you tube if you have internet access to encourage this.

Fairy cake recipe

<u>Ingredients</u>	<u>Method</u>
100g caster sugar 100g very soft butter 100g self-raising flour 2 eggs	<ol style="list-style-type: none"> 1. Ask a grown-up helper to turn the oven on to 180C/160C fan/gas 4. Put a paper case in each bun hole. 2. Put the sugar and butter (it must be soft or you won't be able to mix it properly) in a bowl and mix it together. Sift in the flour. 3. Break the eggs into a separate bowl (spoon out any bits of shell that fall in) and add
<p style="text-align: center;"><u>For the icing</u></p> 200g very soft butter 200g icing sugar	

food colouring, sprinkles, marshmallows etc



Recipe makes 12 cakes

them to the bowl with the vanilla. Mix everything together.

4. Divide between the cases using a spoon, scraping it off with a knife. **Ask a grown-up helper** to put the tray in the oven for 20 minutes.

5. Mix the butter and icing sugar to make a creamy icing. Add colouring, if you like. Push an icing nozzle into an icing bag, then scoop in the icing.

6. Let the cakes cool completely in the tray. Pipe icing onto each cake and decorate with marshmallows or sprinkles, or whatever you like.