



# Sir Martin Frobisher Academy Weekly Lesson Plan

## Year 1



Date: 1.06.20-5.06.20

### Suggested Daily Timetable:

8:30-9:00	9:00-9:30	9:30-9:45	9:45-10:15	10:15-10:30	10:30-10:45
Wake up, have breakfast, get washed and dressed	Joe Wicks PE	Quick drink break and get things ready for Maths	Phonics/ Read Write Inc Activity	Timestable Rockstars	Get Outside!
10:45-11:30	11:30-12:30	12:30-1:30	1:30-1:45	1:45-3:00	3:00-3:15
Maths Activity	English Activity	Lunchtime	Read for Pleasure	Topic Activity	Read with someone/watch Newsround

## Phonics/Read Write Inc.

**If you have a computer/iPad/phone to connect to the Internet:**

**Monday:**  
<https://www.youtube.com/watch?v=dHe3Ripnt08>  
 Watch the video of Geraldine teaching your sound. Sprinkle flour/sand/sugar over a baking tray. Practise writing the sound ear. In our Read Write Inc sessions this is Ear – hear in your ear. How many words can you think of that have this sound in them? Check with a grown up.

**Tuesday:**  
<https://www.youtube.com/watch?v=nx2Tf9TElbc>  
 Watch the video of Geraldine teaching your sound. Practise writing the sound sh by following this, your adult can say it as you write it: Slither down the snake, then down the horses head to the hooves and over it's back. Draw a picture that begins with the sound sh. Put the sound sh in the middle of it. For example you could draw a sh-ip.

**Wednesday:**  
<https://www.youtube.com/watch?v=OyrYDitiflo>  
 Watch the video of Geraldine teaching your sound. practise writing the sound sh by following this, your adult can say it as you write it: Curl around the caterpillar, then down the horses head to the hooves and over it's back. Look through a book, how many examples can you find of the sound ch? Copy out some of the words that you find.

**Thursday:**  
<https://www.youtube.com/watch?v=6U354eD-hgQ>  
 Watch the video of Geraldine teaching your sound. practise writing the sound th by following this, your adult can say it as you write it: down the tower, across the tower, then down the horses head to the hooves and over it's back. Go on a treasure hunt around the house, how many items can you find that contain the sound th.

**Friday:**  
[https://www.youtube.com/watch?v=KK8\\_kUg3454](https://www.youtube.com/watch?v=KK8_kUg3454)  
 Watch the video of Geraldine teaching your sound. All week you have been using different phrases to help you to remember how to write each letter in the sound. Can you make up 2 phrases to guide you through writing er?

**If you do not have a computer/iPad/phone to connect to the Internet:**

**Monday: Ear**  
 Sprinkle flour/sand/sugar over a baking tray. Practise writing the sound ear. In our Read Write Inc sessions this is Ear – hear in your ear. How many words can you think of that have this sound in them? Check with a grown up.

**Tuesday: Sh**  
 Practise writing the sound sh by following this, your adult can say it as you write it: Slither down the snake, then down the horses head to the hooves and over it's back. Draw a picture that begins with the sound sh. Put the sound sh in the middle of it. For example you could draw a sh-ip. Can you think of other words that have the sh sound in them?

**Wednesday: Ch**  
 Practise writing the sound sh by following this, your adult can say it as you write it: Curl around the caterpillar, then down the horses head to the hooves and over it's back. Look through a book, how many examples can you find of the sound ch? Copy out some of the words that you find.

**Thursday: Th**  
 Practise writing the sound th by following this, your adult can say it as you write it: down the tower, across the tower, then down the horses head to the hooves and over it's back. Go on a treasure hunt around the house, how many items can you find that contain the sound th

**Friday: Er**  
 All week you have been using different phrases to help you to remember how to write each letter in the sound. Can you make up 2 phrases to guide you through writing er? Draw a caterpillar, it should have at least 5 large round sections to it's body. In each section write a word containing the sound er.

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## Maths

**Daily:** Complete some work from your Home Learning Pack or go onto <https://www.bbc.co.uk/bitesize/subjects/zjxhfg8> which is the BBC Bitesize to see what games and lessons are available to you.

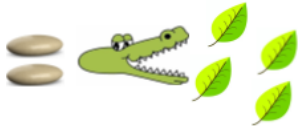
**Additional Activity Monday: Make a number line to 20.**

Can you make a number line to 20? Make sure each number is formed correctly and is the right way round. You can do this simply with a pencil and paper, you could use post-it notes. You could make odd numbers one colour and even numbers another, you could even do it in the sand if you'd like.

**Additional Activity Tuesday: More or less than**

<https://www.youtube.com/watch?v=M6Efu2slal>

On 2 pieces of paper draw a crocodile's wide open mouth, one facing right and one left. You are going to be placing the crocodile's mouth the right way round – remember the crocodile will always have his mouth wide open ready to eat the biggest, juiciest number. Use items from outside to make number sentences. So for example if you had 2 stones and 4 leaves it would look like this:



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**Additional Activity Wednesday: How many ways can you show a number?**

Choose 4 numbers from 1-10. How many different ways can you represent each number? You have the actual numeral but also think about all of the resources that we have in school. Numicon, multilink, tens frames, tally etc. What is one more and one less than each of the numbers you picked?

**Additional Activity Thursday: Ordinal numbers**

Ordinal numbers help us to show the order that things come in. If we are person number one to wake up, then we woke up first (1<sup>st</sup>). If we are person number 2 to go into a shop then we entered the shop second (2<sup>nd</sup>). Find 10 items from around the house and put them in a row. With bits of paper label them from 1<sup>st</sup> to 10<sup>th</sup>. Make sure to get them in the correct order.

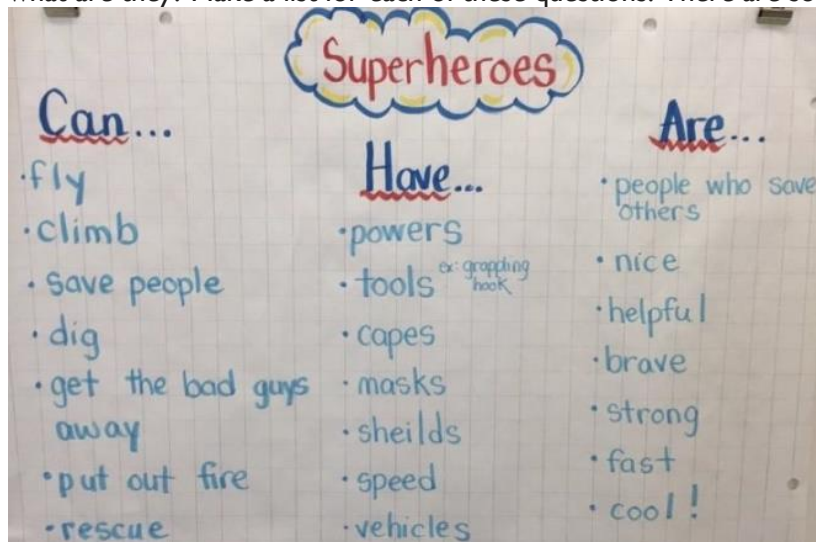
**Additional Activity Friday: Ordinal numbers**

Yesterday we looked at ordinal numbers, can you remember what they are? Today you can practise using ordinal numbers by having a mini sports day. Make up different races with some people from your house. Who came in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> etc for each race.

## English – Superheroes

**Monday: What can superheroes do?**

Have a think about all of the superheroes that you know of. What can superheroes do? What things do they have? And what are they? Make a list for each of these questions. There are some examples in the picture below.



**Tuesday: An acrostic poem**

An acrostic poem is a poem whereby the first letter of each line spells out a word, name or phrase when read vertically. Write an acrostic poem for a Superhero. It doesn't have to rhyme, for examples, your first line could be soaring through the sky far above. Leave a blank border which you can decorate at the end. Remember to make the first letter of each sentence larger so that it spells out Superhero.

**Wednesday: Superhero powers**

What special superhero powers do you know of? If you could be a superhero, what sort of super power would you like to have? Write a few sentences about this. You could start with:

If I were a superhero my power would be \_\_\_\_\_ because \_\_\_\_\_.

What would you do with your super power? Discuss this with an elder sibling or grown up. What super power would they have?

**Thursday: Everyday superheroes.**

Each week for the past couple of months on a Thursday at 8pm people have been clapping for Britain's key workers. That is because they are doing a fantastic and brave job despite the circumstances not being great. Have a think about your everyday heroes. Who are they and why? They could be parents, carers, teachers, doctors, nurses etc. Start your sentence with:

My everyday hero is \_\_\_\_\_ because \_\_\_\_\_.

Don't forget to check for capital letters, full stops and finger spaces.

**Friday: Thank you letter**

Write a thank you letter for these everyday heroes. What is their super power? Why are they a hero? Why do we need to say thank you? Think about how we write a letter...

Dear/to our everyday heroes,

Thank you for being so kind, caring and helpful! You are so brave. I hope to one day be a hero just like you. Thank you.

From,  
Miss Gray

## Topic

**If you have a computer/iPad/phone to connect to the Internet:**

**If you do not have a computer/iPad/phone to connect to the Internet:**

**Monday:** "<https://www.twinkl.co.uk/resource/t-t-2765-recycling-sorting-%20activity>" **Design Technology**

Today you are going to make your own superhero outfit. You could make a mask. Is it covering your whole face or just your eyes? What colour? Or make arm cuffs using an empty toilet roll tube make sure you decorate them too. Or make a cape? What materials could you use for this? What would make a great cape? Or Make a shield. What shape is it? How big is it?

**Tuesday: Science**

Caregiver, place a super hero plastic toy or any plastic toy into a transparent container or a balloon and fill it up with water. If using a balloon tie it up and place in the freezer over night do a few if you want to. Then the next day once frozen solid let your child investigate ways they can save their character. They could use warm water, chipping away, breathing on it or you can even show them how salt dissolves ice.

**Wednesday: History**

Real heroes from history. Today I would like you to research different people and work out why they can be seen as heroes. You can do this by calling members of your family to see what they can tell you, using the internet or reading books that you may have. Think about famous heroes such as Nelson Mandela, who fought against racial segregation (splitting up people with different skin colours), Florence Nightingale who was the founder of modern day nursing, Winston Churchill who was the British prime minister that led Britain to victory during the Second World War, he is also a hero for his inspiring speeches. Ask your caregiver who their hero is and why.

**Thursday: PSHE**

Your challenge for today is to do a heroic act! Maybe you could draw and colour some pictures and deliver them to neighbours to brighten their day or clean some litter up on your daily walk. Tell every person you see today something nice to make them happy and smile such as "You are lovely.", "Your hair looks amazing." You could leave inspiring chalk messages on the pavement. How can you be a hero today?

**Friday: Music and PE**

Listen to some super hero theme tunes and think about how the music makes you feel. Does it make you feel strong, empowered, happy, confident? Now I want you to have a dance along to some youtube super hero songs in your homemade outfit you've made across this week or an outfit you have at home. Here is an example

video <https://youtu.be/ok7VlpWtRzs>

Don't forget to send us a video at school the email address is [updates@smfa.org.uk](mailto:updates@smfa.org.uk)