



Sir Martin Frobisher Academy Weekly Lesson Plan

Year 1



Date: 08.06.20-12.06.20

Suggested Daily Timetable:

8:30-9:00	9:00-9:30	9:30-9:45	9:45-10:15	10:15-10:30	10:30-10:45
Wake up, have breakfast, get washed and dressed	Joe Wicks PE	Quick drink break and get things ready for Maths	Phonics/ Read Write Inc Activity	Timestable Rockstars	Get Outside!
10:45-11:30	11:30-12:30	12:30-1:30	1:30-1:45	1:45-3:00	3:00-3:15
Maths Activity	English Activity	Lunchtime	Read for Pleasure	Topic Activity	Read with someone/watch Newsround

Phonics/Read Write Inc.

If you have a computer/iPad/phone to connect to the Internet: RWI now have Set 1 Word Time and Spelling lessons on You Tube

If you do not have a computer/iPad/phone to connect to the Internet:

Monday: Set 2 sounds Watch: <https://www.youtube.com/watch?v=p7hRbrpq5Bo>
Can you write all the sounds, and can you find and/or write something that sound in it? 'th' 'sh' 'ay' 'ee' 'igh' and 'ow' (as in snow).

Monday: practise set 2 sounds (use sheet at the end of planning)
Write or use a baking tray or plate with a sprinkle of flour for your child to write the sounds and say them as they write (it will make it fun)? Maybe you could think of or find some things around the house with these sounds in 'th' 'sh' 'ay' 'ee' 'igh' and 'ow'.

with	wish	play	queen	tights	know
thumb	shed	tea tray	sleep	frighten	throw

Some words to help

Tuesday: red words or common exception words
<https://www.youtube.com/watch?v=LifdYKjxCsg>
Practise writing some of the red words look for patterns that might help your child

Tuesday: red words or common exception words (use sheet at the end of planning)

Practise writing some of the red words look for patterns that might help your child e.g. me he she we be; no go so

Wednesday: Set 2 and 3 sounds Watch and say: https://www.youtube.com/watch?v=6eh_RQ0Pkhg
'ir' whirl and twirl 'ur' nurse with a purse 'er' a better letter
<https://www.youtube.com/watch?v=vhTdmBPL5hU> 'ir' 'ur' 'er'
Can you write down some words and find some of your own or use the words to write some sentences?

Wednesday: Set 2 and 3 sound (using sheet at the end of planning) Say all the sounds and then think about these sounds 'ir' whirl and twirl 'ur' nurse with a purse 'er' a better letter. Can you find some words of your own or use the words below to write some sentences? Make sure your sentences have capital letters, finger spaces and full stops.

'ir' words		'ur' words		'er' words	
bird	girl	nurse	hurt	Summer	letter
fir	stir	purse	sturdy	better	matter
chirp	shirt	church	spur	hammer	flatter

Thursday: go to your Get Epic account. Can you find a book that really interests you and read it? Are there any words that are new to you or you don't understand write them down and find out what they mean in a dictionary (or online)? Write the meaning next to the word.

Thursday: Read a book
Are there any words that are new to you or you don't understand, write them down and find out what they mean? Use a dictionary if you have one or ask an adult and write the meaning next to the word.

Friday: word time reading game (read and cover) get four in a row and you win (use games x2 at the end of planning)

Friday: word time reading game (read and cover) get four in a row and you **win** (use games x2 at the end of planning) Can you look cover write check some of these words or you could use playdough or flour on a tray to write your words in.

Maths

Daily: Complete some work from your Home Learning Pack or go onto <https://www.bbc.co.uk/bitesize/subjects/zjxhfg8>
This website has a video for you to watch and activities to complete. If you cannot print the activity, look at the activity on your screen and answer on a piece of paper.

Additional Activity Monday: <https://www.bbc.co.uk/bitesize/tags/zjpqqp3/year-1-and-p2-lessons/1>

This week we are going to look at Length, height capacity and mass

Today we are going to look at **length**. Look around your house and find 10 objects (or find things during your walk), can you order these items by length shortest to longest. Are there any items that are equal (the same length)? Draw the items to record your discovery.

Additional Activity Tuesday: Today we are going to look at **height**.

Can you look around your lounge and find the tallest thing?

How do you know it is the tallest? How did you measure it? You can use your hands, lolly sticks, spoons, pencil or anything else but what item is tallest? On your daily walk and look for different things that are tall? Ask your adult if they can take a picture of you next to this item to compare the height of it with you.

Additional Activity Wednesday: <https://www.bbc.co.uk/bitesize/topics/zt9k7ty/articles/zp8crdm>

Today we are going to look **capacity** and mass

Find five or more items for this activity (it might be better to do this in the bathroom or sink or over a bowl or in the garden area) Use a cup or glass item to fill the others until they are FULL – which items took the most cups
Write down your results by drawing the item and how many cups it took to fill it next to it e.g. a glass might only have 1 or 2 cups next to it but a saucepan will have 5 to 6 cups (for a small pan) or more.

Additional Activity Thursday:

Today we are going to look **capacity**

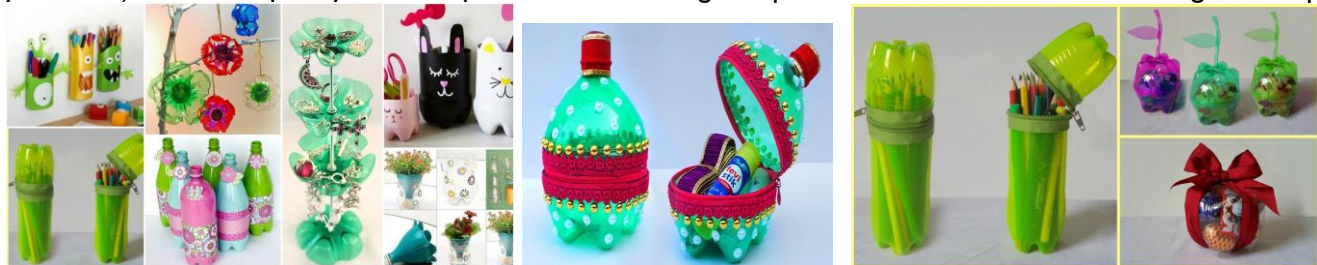
Look at the final page there are some cups like these can you cut and order them from empty to full.

Additional Activity Friday: Today we are going to look at **mass** or **weight** and compare **different objects** near the end of the planning I have pasted this page **circle and colour** the item you think is the **heaviest**. If you have a set of scales at home ask an adult to help you weigh out ingredients to make a cake or go online and look up a recipe or if you do not have scales there is a recipe using cups and spoons for measuring the ingredients at the end of the planning.

English

Monday: <https://www.getepic.com/app/read/54736> read the story **Follow this bottle** and the story **Chose to reuse** on GetEpic <https://www.getepic.com/app/read/48426>

Look at some of the plastic waste you have at home and write about how you could reduce the amount of plastic that you use or how to repurpose or reuse certain items. Draw the various items to help you explain your writing. Don't forget to use capital letters, finger spaces, commas if you are listing hobbies, conjunctions (and, but, so, because, then, yet, when) and full stops. If you use a question ...don't forget a question mark? Here are some images to help you.



Tuesday: Make a poster with a slogan using the words reuse reduce recycle and renew (repair) make to put in your window Here is the logo used for recycling (and there is a larger one at the end of the planning) use this logo as part of your poster or design your own what could you say on it.

E.g. HELP OUR PLANET **RECYCLE** YOUR WASTE **REUSE** ITEMS **REDUCE** YOUR PLASTIC **REPAIR** OLD THINGS INSTEAD OF BUYING NEW



Wednesday: <https://www.youtube.com/watch?v=psKlp5wpebE> Watch Rebecca the recycling truck

Do you know when the rubbish is collected? Is it collected every day? Once a week and on what day? Once a fortnight and on what day. Ask your adult if you do not know and write about how your rubbish is collected? Is it all deposited in

one lorry? Do you know how many people help to collect it? Watch with your adult how it is collected if your adult tells you when. Don't forget to write in sentences using a capital letter, finger spaces, conjunctions (and, but, so, because, then, yet, when) and full stop. You might have questions you would like to write and answer (don't forget your question mark)

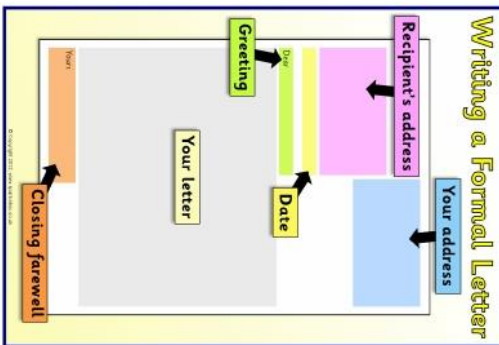


Thursday: Write a letter to your council about the collection of your rubbish

What do you need for a formal letter? Don't forget your capital letters, finger spaces, conjunctions (and, but, so, because, then, yet, when) and full stops. You may want to write a question. Remember your ?

Letter features

1. Write **your address** on the top right (in blue)
2. Add the **Recipients** (person who you are writing to) **address** on the top left (in pink)
3. Write the **full date** under the Recipients address - this is the long date (day date month year – in yellow)
4. Write a greeting (the recipient's name -in green) – **Dear Mr/Mrs name** (if you don't know their name **sir or madam**)
5. Write about the topic and persuade your reader. – why you are writing in white (e.g. **I am writing to** request that the rubbish is collected in a tidied manner. **Or** tell you about how our rubbish is being collected. Say that the rubbish collectors do an amazing job.)
6. Close your letter and full name. (**Yours Sincerely** if you know their name or **Yours Faithfully** if you write sir or madam) don't forget **your name** in orange



Friday: (PSHCE link) Write about the things you like to do (hobbies, clubs you use to go to, things you enjoy at home with mum and dad) who do you do these activities/hobbies with? Where? At home, in the garden or in your bedroom. Do you share these hobbies with any of our friends or family e.g. fishing, reading, game playing, music? Don't forget to use capital letters, finger spaces, commas if you are listing hobbies, conjunctions (and, but, so, because, then, yet, when) and full stops. If you use a question ...don't forget a question mark?



Topic: Recycling

If you have a computer/iPad/phone to connect to the Internet:

Monday:

Sort the different things into the recycling bins



Tuesday: Look on **GetEpic** under Recycling and watch the video on how does recycling work

https://www.youtube.com/watch?v=_xGrSF0zkk watch how to make your own paper

If you do not have a computer/iPad/phone to connect to the Internet:

Monday: Draw a picture of your recycling bins and label them What do you put in each bin write a list on each bin or draw pictures of the items that are put into them? Where would these items go

coke can	apple core	plastic bag	beer bottle	TV paper	dust from Hoover
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Tuesday: Today we are going to be making our own piece of paper

Look at the instructions at the end of the planning sheet

Wednesday:

Using an old plastic bottle, draw from your ideas and think about other reusable waste you can use for your design



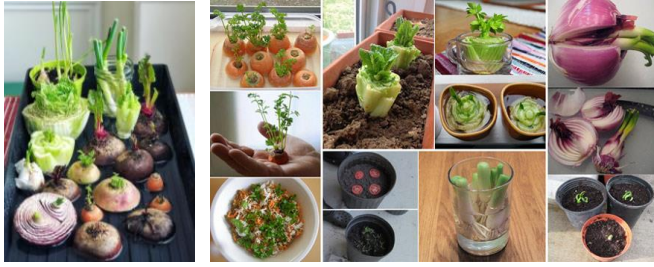
Wednesday: Today we are going to design and make one of your ideas from your writing on Monday.

Using an old plastic bottle, draw from your ideas and think about other reusable waste you can use for your design.

Be careful when cutting the plastic, it could leave sharp edges.



Thursday: <https://www.youtube.com/watch?v=4MgRuLV-3Dk> watch



Thursday: Re-growing

Today we are going to regrow a **carrot top** or if you have one of the following (radish, onion, spring onion, lettuce) using a knife with adult support cut off the carrot top (but leave a little bit more on than you would if cutting to eat) and place it in water and then watch it grow. Why not measure it each day and write down how they have grown (if you don't have a ruler make your own – see at the end of planning)

Friday:

Decide what you can use, out of the recycling to make a musical instrument.

After you have made it create the rhythm to a favourite song or nursery rhyme

Friday: Can you make a musical instrument ... use recycling with pasta, elastic bands, string, ribbon are whatever you have. Glass bottles with different levels of water.



Create the rhythm to a favourite song or nursery rhyme

is	go	into	want
says	our	be	ask
you	she	he	are
your	said	he	are
a	today	me	put
the	no	my	to
I	of	my	to

Some Red words or common exception words

the	of	and	to	a
in	that	is	was	he
for	it	with	as	his
on	be	at	by	I
this	had	not	are	no
that	with	this	are	the

number	no	way	could	people
my	than	first	water	been
called	who	oil	sit	now
find	long	down	day	did
get	come	made	may	part
could	now	than	who	water

Read and cover - Four in a row games

Instructions: **HOW TO MAKE PAPER** needing no special equipment

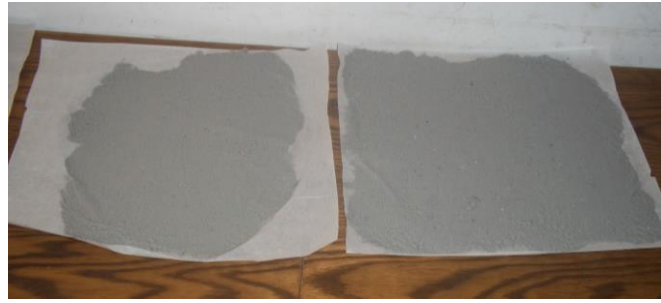


1. Gather **old paper or paper products**. This can be anything from old drawings, shopping lists, cardboard, non-Styrofoam egg cartons, magazines, catalogues, newspapers, etc.
2. Rip the paper into small-ish pieces and stick as much as you can in the **food processor** or **bucket** (the pieces need to be really small if not using a food processor).
3. Cover the paper with **water**, let sit for 5 minutes, then blend up the paper as much as possible (using a **wooden spoon** to stir the mixture in the bucket)
4. Add more and more paper to the food processor, let the paper soak in the water to soften (and adding more water as necessary), and then blend the paper until you get a uniform mixture. It'll most likely be grey. You may add a bit of **food colouring** at this point if you'd like it to be a different colour.



5. Lay a piece of parchment paper down on a flat surface, on top of a larger towel. Place a blob of the paper mixture onto the parchment paper

6. Lay another piece of parchment paper on top of the blob, then roll out as thin as possible with a rolling pin, making sure that you are getting a solid, yet thin sheet of paper pulp.



7. Peel off the top parchment paper, then fill in any of the holes in the sheet with more paper pulp, then roll down to flatten.
8. Take a large cloth napkin or thin, non-terrycloth towel, and lay it flat on the paper pulp sheet. Using the rolling pin, roll the cloth on top of the paper pulp sheet, absorbing any excess moisture. Then carefully lift off the cloth.
9. Place the baking paper with the sheets of paper pulp on it in a place where it won't be disturbed.



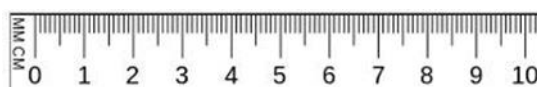
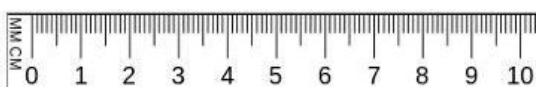
10. Leave for about a day, letting the top dry thoroughly, then flipping it over so it can dry on the other side.
11. Here's the lovely sheet of paper... Just needs to be trimmed! Here's the paper cut a little bit more to size

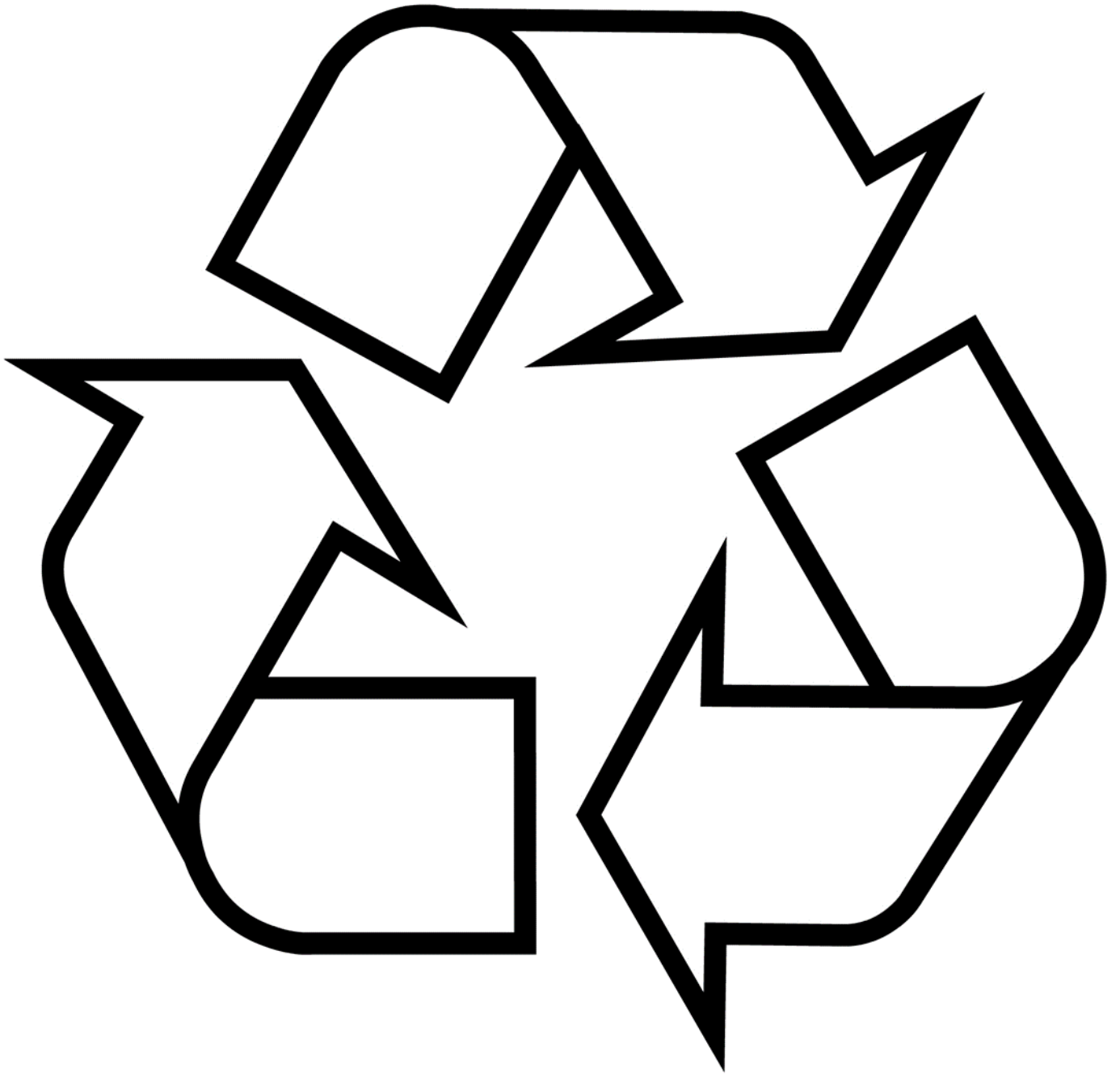
Note: You can make this type of paper prettier by putting some flower petals or glitter into the paper pulp just before you roll it out, or by putting paint or food colouring into it

Because our pulp was on the thick side, the paper doesn't look like typical thin paper.











As a result of this, your child may wonder if they really made paper! This is a great opportunity to discuss and question how paper manufacturers might get such thin paper.

Make your own ruler
























Speed Sounds Set 2

ay  may I play?	ee  what can you see?	igh  fly high	ow  blow the snow	oo  poo at the zoo
oo  look at a book	ar  start the car	or  shut the door	air  that's not fair	ir  whirl and twirl

Speed Sounds Set 3

ea  cup of tea	oi  spoil the boy	ou  shout it out	oy  toy for a boy	
ā-e  make a cake	i-e  nice smile	ō-e  phone home	ū-e  huge brute	aw  yawn at dawn
are  care and share	ur  nurse with a purse	er  a better letter	ow  brown cow	ai  snail in the rain
oa  goat in a boat	ew  chew the stew	ire  fire, fire!	ear  hear with your ear	ure  sure it's pure