



Sir Martin Frobenius Academy Weekly Lesson Plan

Year 3 & 4



Date: 4.5.20

Suggested Daily Timetable:

8:30-9:00	9:00-9:30	9:30-9:45	9:45-10:15	10:15-10:30	10:30-10:45
Wake up, have breakfast, get washed and dressed	Joe Wicks PE	Quick drink break and get things ready for Maths	Guided Reading Activity	Timestable Rockstars	Get Outside!
10:45-11:30	11:30-12:30	12:30-1:30	1:30-1:45	1:45-3:00	3:00-3:15
Maths Activity	English Activity	Lunchtime	Read for Pleasure	Topic Activity	Read with someone/watch Newsround

Guided Reading

If you have a computer/iPad/phone to connect to the Internet:

Monday:

Watch this short clip from the movie 'Matilda'

https://www.youtube.com/watch?v=e7l_-q7rT3o

Create a thought bubble describing how Matilda felt before she met her class teacher.

For example: she felt nervous



Ext: you can draw pictures to describe those feelings.

If you do not have a computer/iPad/phone to connect to the Internet:

Monday:

Read this extract from the story 'The Twits' by Roald Dahl.

Get an adult to help you. Circle words and phrases you do not understand and discuss.



Mr Twit

Mr Twit was one of these very hairy-faced men. The whole of his face except for his forehead, his eyes and his nose was covered with thick hair. The stuff even sprouted in revolting tufts out of his nostrils and ear-holes.

Mr Twit felt that his hairiness made him look terrifically wise and grand. But in truth he was neither of these things. Mr Twit was a twit. He was born a twit. And now at the age of sixty, he was a bigger twit than ever.

The hair on Mr Twit's face didn't grow smooth and matted as it does on most hairy-faced men. It grew in spikes that stuck out straight like the bristles of a nailbrush.

And how often did Mr Twit wash this bristly nailbrushy face of his? The answer is NEVER, not even on Sundays.

He hadn't washed it for years.

From The Twits, Roald Dahl, ill. Quentin Blake, Penguin Books, 1980.

Tuesday:

Re-watch the video:

https://www.youtube.com/watch?v=e7l_-q7rT3o

Today you will create a character profile of Miss Honey.

You will need to:

- Draw the character (Miss Honey)
- Write three bullet points describing her appearance (the way she looks) for example: she has beautiful, brown eyes.

Tuesday:

Summarise: Can you choose the best summary of each paragraph of the Twits

Paragraph 1	Mr Twit had hairy nostrils.	Mr Twit had a beard, which grew, all over his chin, out his ears and his nose.	Mr Twit was a disgusting hairy man who was very mean and played awful tricks on people.
Paragraph 2	Mr Twit was very clever and grand.	Mr Twit was sixty; he had always been wise and grand.	Mr Twit thought his hair made him look clever, but it did not because he was a twit.
Paragraph 3	Mr Twit's hair was spiky and messy.	Mr Twit tried to look like a nailbrush with his hair.	Mr Twit made a mat of his hair.
Paragraph 4	Mr Twit was a dirty man.	Mr Twit hadn't washed his hair for years.	Mr Twit got washed every year.

<ul style="list-style-type: none">Write three bullet points describing her personality. For example, she is extremely kind and nurturing.	Extension: Explain the reasoning behind your choices.																		
<p>Wednesday: Re-watch the clip if you need to. https://www.youtube.com/watch?v=e7l_-q7rT3o</p> <p>Today you will be answering 5 questions about the clip. You can type the answer on your iPad/computer or write these down.</p> <ol style="list-style-type: none">Who is your favourite character? Why?Who is the character you like least? Why?Which part of the clip was the funniest/scariest/saddest/ happiest? Find some evidence from the clip to explain this.Did this clip make you laugh? Can you explain what was funny and why?Would you change any of the characters? How?	<p>Wednesday: Interview/ Role play</p> <p>Read the story with a member of your family.</p> <p>If you could meet Mr Twit, what would you say to him?</p> <p>Create 5 questions that you would ask Mr Twit if you met him. Now pretend to play the role of Mr Twit and an interviewer and carry out the interview. Ask “Mr Twit” the questions and listen/write down some of the responses he gives. You could ask someone in your family to be Mr Twit too.</p> <p>Extension: Evaluation:</p> <p>Were the answers reasonable? Would you change any of the responses?</p>																		
<p>Thursday: Interview/ Role play</p> <p>Watch the clip with a member of your family.</p> <p>If you could all meet Miss Honey, what would you say to her?</p> <p>Create 5 questions that you would ask Miss Honey if you met her. Now ask someone in your family (or play 2 parts if no one is available) to play the role of Miss Honey and carry out the interview.</p> <p>Extension: Evaluation:</p> <p>Were the answers reasonable? Would you change any of the responses?</p>	<p>Thursday: Making inferences with evidence.</p> <p>Play Truth or rumour with statements from the text</p> <p style="text-align: center;">Truth or rumour?</p> <p style="text-align: center;">Sort the statements into what you think is true and what could be just a rumour.</p> <table><tr><td>Mr Twit is married to Mrs Twit.</td><td>Mr Twit was a stupid man.</td><td>Mr. Twit was a dirty man.</td></tr><tr><td>Mr Twit didn't have a job.</td><td>Mr Twit was revolting to look at.</td><td>Mr Twit had no friends.</td></tr><tr><td>Mr Twit lived alone.</td><td>Sunday was the day for Mr Twit to get washed.</td><td>The hair on Mr Twit's head wasn't like normal hair.</td></tr><tr><td>Mr Twit had a glass eye which he did tricks with.</td><td>Mr Twit had hair growing out of his ears.</td><td>Mr. Twit was older than 40 years old.</td></tr><tr><td>Because Mr Twit was sixty years old, he was hairy and wrinkled.</td><td>Mr. Twit had tried to improve his hair, but it hadn't worked so he gave up.</td><td>Hair grew out of Mr. Twits eyes.</td></tr><tr><td>Mr Twit had always been a twit, from birth.</td><td>Mr Twit also had hairy arms.</td><td>Mr Twit had pet monkeys.</td></tr></table>	Mr Twit is married to Mrs Twit.	Mr Twit was a stupid man.	Mr. Twit was a dirty man.	Mr Twit didn't have a job.	Mr Twit was revolting to look at.	Mr Twit had no friends.	Mr Twit lived alone.	Sunday was the day for Mr Twit to get washed.	The hair on Mr Twit's head wasn't like normal hair.	Mr Twit had a glass eye which he did tricks with.	Mr Twit had hair growing out of his ears.	Mr. Twit was older than 40 years old.	Because Mr Twit was sixty years old, he was hairy and wrinkled.	Mr. Twit had tried to improve his hair, but it hadn't worked so he gave up.	Hair grew out of Mr. Twits eyes.	Mr Twit had always been a twit, from birth.	Mr Twit also had hairy arms.	Mr Twit had pet monkeys.
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<p>Friday: Prediction Complete the table below:</p> <table><tr><td>What do you know about the story?</td><td>What do you think will happen next in the film?</td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table> <p>Think about everything you have done so far earlier on in the week. Use this to help you make your predictions.</p>	What do you know about the story?	What do you think will happen next in the film?							<p>Friday: Complete the table below:</p> <table><tr><td>What do you know about the story?</td><td>What do you think will happen next in the film?</td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table> <p>Think about everything you have done so far earlier on in the week. Use this to help you make your predictions.</p>	What do you know about the story?	What do you think will happen next in the film?								
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Maths

Daily: Complete some work from your Home Learning Pack or go onto <https://whiterosemaths.com/homelearning/year-3/>. This website has a video for you to watch and then an activity to complete. If you cannot print the activity, look at the activity on your screen and answer on a piece of paper.

Additional Activity Monday: Place Value
Complete the number tracks below:

1)

2	5	3	6	4					
---	---	---	---	---	--	--	--	--	--

 2)

23	24	26	27	29					
----	----	----	----	----	--	--	--	--	--

 3)

14	11	13	10	12					
----	----	----	----	----	--	--	--	--	--

2	3	5	8	12				
---	---	---	---	----	--	--	--	--

48	47	45	42	38				
----	----	----	----	----	--	--	--	--

9	13	18	24	31				
---	----	----	----	----	--	--	--	--

Extension:
Complete the number tracks.

200	300		500			800	
-----	-----	--	-----	--	--	-----	--

	900	800			500		
--	-----	-----	--	--	-----	--	--

Additional Activity Tuesday: Place value- Count in 50's
Look at the number patterns.

What do you notice?

5	10	15	20	25	30
---	----	----	----	----	----

5	10	15	20	25	30
---	----	----	----	----	----

50	100	150	200	250	300
----	-----	-----	-----	-----	-----

Circle and explain the mistake in each sequence.

[illegible]

50		150	200			350		450	
----	--	-----	-----	--	--	-----	--	-----	--

	750	700	650			500			350
--	-----	-----	-----	--	--	-----	--	--	-----

Extension: Create 3 of your own number sequence. Do not forget to leave some blank for your adult to have a go at working it out.

Additional Activity Wednesday: Place value- counting in 50s
Put these numbers in the right order

700 250 300 50 650 500 550

Write the following numbers in the correct place in the venn diagram. I have done some for you.

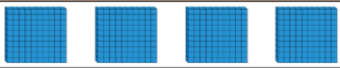
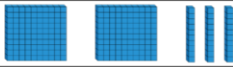

The diagram shows two circles. The left circle contains the numbers 550, 50, and 200. The right circle contains the numbers 100 and 400. To the right of the circles is a vertical list of numbers: 200, 300, 100, 600, 800, 850, 350, 650, 500, 900, 400, and 700.

Extensio	50 x	100 x
100, 150, 200, 215, 300		

Circle the odd one out. Explain how you know.

Additional Activity Thursday: Place value- Numbers to 1000
What are the numbers represented by the base 10 shown? Write the answer in numerals and words.

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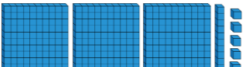
Representation	Number
	
	
	

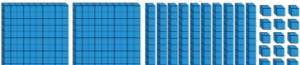
Can you draw the following numbers using Base 10:

700 120 407 999

Extension:

Which child has made the number 315?




Dora 

Mo 

Explain how you know.

Additional Activity Friday:

What number is shown on the place value chart?

Hundreds	Tens	Ones
		

If one more 10 is added, what number would be shown?

Use place counters and a place value grid to represent these numbers:

615 208 37

Extension: Using place value counters, how many different ways can you make 450. Show your answers.

English

Monday: Diary Entry

Add another entry to your diary about what you have been up to this week. This time include the time for everything that you have been doing. For example, today I woke up super early around 6 am and decided to make my family a delicious breakfast. Also, do not forget to talk about what your favourite work was this week? Did you manage to get some of the school work done? Did you find parts of it challenging? Did you get some help to do the work? Did you get a chance to speak to your teacher this week? If so, what did you talk about?

Tuesday: Evaluating Instructions

Look at the examples of instructions: [You will find these at the end of this document](#)

You will also need to bring your instruction out (the one you made last Wednesday)

Read the instructions and discuss what they are for with an adult. Evaluate the instructions in terms of **ease of use** (Are the instructions clear? Would you be able to follow them to achieve the desired outcome?) and **presentation** (Are the instructions presented well? Is the chosen presentation appropriate? Would you prefer more diagrams or more text?). Make notes on each instructions, decide which one you think is the best, and explain why. Now compare these instructions with the one you created. Would you add anything extra to your instruction?

Wednesday: Drama

Choose 3 different objects around your house these can be anything from food items, toys, books, accessories etc. You are going to pretend to be selling these items. You have to persuade somebody in buying your products. Things to think about, What will you say? The tone of your voice? How will you introduce your items? What points are you trying to make? What are the benefits of buying your items? How will you end your sale?

Ask your family to give you feedback. What did they like about your pitch? Did you manage to convince them? Would they change anything about your performance?

Extension: Create a persuasive poster for your objects. Do not forget to include pictures, title and reason as to why your product is the best.

Thursday: Planning persuasive writing

Yesterday you would have tried to persuade someone in buying your product. Today you will be planning to write a persuasive letter to send to your teacher at SMFA.

Here are some topics to discuss, choose one that interests/agree with the most. Bullet point 5 reasons as to why you agree with the statement. Explain why you think your teacher should agree with you.

Students should decide which subjects are taught	Screen time should be limited to one hour per day
Weekends should be three days long	Which pet is the best?
Sport is the best hobby a child could have	Reading is the best hobby a child could have

Think about your points clearly, do you think your teacher will be persuaded by some your reasons. Have you explained why using a subordinate conjunction such as 'because'.

Friday: Writing persuasive letter

Today you will be writing your persuasive letter to your teacher. Use your plan that you did yesterday to help you write the letter.

Here is a template you could use to write the letter. Remember to write in your best handwriting. If you have an iPad you can type the letter.

| Address Here

Date Here

Dear Name,

I am writing to you about_____

_____.

I think that it is a _____ idea.

This is because_____

I think that you should_____

Yours Sincerely,

Your name here

Topic

If you have a computer/iPad/phone to connect to the Internet:

Monday: Science

<http://www.sciencefun.org/kidszone/experiments/>

Click on the link, choose an experiment that interests you the most, and would like to carry out at home. You might want to ask for some help. Remember to either take a picture of you doing the experiment, write about your findings (what happened when you did the experiment?) or draw some pictures of the experiment/ results.

Most importantly have FUN!

If you do not have a computer/iPad/phone to connect to the Internet:

Monday: Science


Look, at this experiment. Follow the instructions and have a go at growing your own Rainbow. Remember to either take a picture of you doing the experiment, write about your findings (what happened when you did the experiment?) or draw some pictures of the experiment/ results.

How to Grow a Rainbow

You will need:

- Kitchen roll/paper towel
- Felt tip pens
- Two small bowls of water
- Paper clip
- Thread

1. Cut your kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tips about 2 cm up on both sides.
3. Attach your paper clip to the top and tie a piece of thread to it. This will give you something to hold your rainbow with.
4. Fill each small container with water.
5. Hold your rainbow with the ends slightly submerged in the water then watch your rainbow grow!



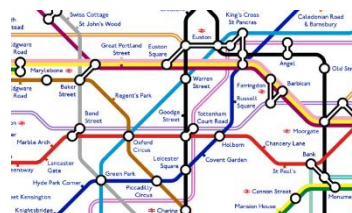
THE SCIENCE

A brief introduction to 'capillary action'! Water molecules like to stick to things - including themselves. Sticking to things is called *adhesion* and sticking to itself is called *cohesion*. The fibres in kitchen roll make lots of little holes. Water is 'sucked' through the holes because of adhesion (liking to stick to other things) and cohesion (liking to stick to itself) means the rest of the water follows. The water pressure will eventually slow down and the pressure of gravity will mean it stops moving.

Most importantly have FUN!

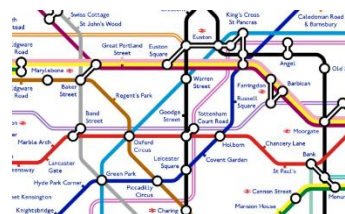
Tuesday: Geography and maths task –

Plan a journey using a range of sources. For example, you could plan a trip from Clacton Pier to school (SMFA) or a place you have always wanted to visit -what type of transport would you use. What information would you need to look at? (train timetables, taxi numbers and costs, underground tube station maps?)



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Wednesday: P.E/ICT

Watch a video of Joe Wicks doing P.E (if you have not seen one yet) This should help inspire you for your activity.

<https://www.youtube.com/watch?v=4hdR8Mlib3M>

Using your iPad or phone, create your own workout routine for a family member to follow. The video should include a warm up to start with, have at least 5 different workout routine and finish off with a minimum of 3 stretches. Have fun making your video!

Wednesday: P.E

Think of your own superhero: Thor, Captain America, Wonderwoman. Can you design a workout for your superhero? Include any exercises or activities that you like but think about what your favourite superhero likes to do.

[An example of this is at the end of this document.](#)

Thursday: D&T

Today you will be designing your own musical instrument. On your iPad or if you prefer to draw this you can, I would like you to design your very own musical instrument.

Thursday: D&T

Today you will be designing your own musical instrument. Draw your favourite instrument, making sure you are labelling all the important features.

<p>Label your instrument:</p> <ul style="list-style-type: none">• Types of material you will need/use• The size of your instrument• The colour• The purpose of this instrument• The sound it will make <p>Once you are happy with the design of your instrument, you are ready to make it.</p>	<p>Label your instrument:</p> <ul style="list-style-type: none">• Types of material you will need/use• The size of your instrument• The colour• The purpose of this instrument• The sound it will make <p>Once you are happy with the design of your instrument, you are ready to make it.</p>
<p>Friday: D&T/Music Yesterday you would have designed your instrument.</p> <p>Today you will be making this. Using materials at home create your instrument.</p> <p><u>Things you may use:</u> Cereal boxes, tissue boxes, paper, card, toilet roll, empty bottles, plastic cups etc</p> <p>Ext: Take a before and after picture of you making your instrument. How did you feel when you completed the task? What do you like the most about your instrument? Would you change anything?</p>	<p>Friday: D&T/ Music Yesterday you would have designed your instrument.</p> <p>Today you will be making this. Using materials at home create your instrument.</p> <p><u>Things you may use:</u> Cereal boxes, tissue boxes, paper, card, toilet roll, empty bottles, plastic cups etc</p> <p>Ext: Evaluation How did you feel when you completed the task? What do you like the most about your instrument? Would you change anything?</p>






How to make a dumper truck

You will need:

- 1 large cereal box
- 2 small cereal boxes
- Shoe box lid
- Thin strip of blue paper
- 4 bottle tops
- Red and yellow paint to decorate
- 4 round lids
- Scrunched up newspaper
- Grey paint
- Black paint
- Sticky tape



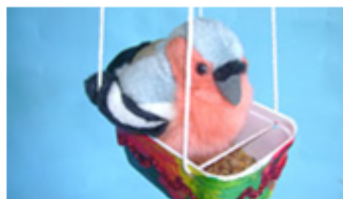
Method:

	<ol style="list-style-type: none"> 1. Cut the small cereal box in half, lengthways. 2. Stick it on top of the larger cereal box using sticky tape on one side only.
	<ol style="list-style-type: none"> 3. Cut the second small cereal box in half, widthways and stick this on the other end of the large cereal box, standing upright. 4. Stick a shoebox lid on the highest part of the truck to make a roof. 5. Stick a strip of blue paper just underneath the roof to make a window.
	<ol style="list-style-type: none"> 6. Stick two bottle tops onto the lower front of the truck to make the headlights. 7. Paint the truck red and yellow.
	<ol style="list-style-type: none"> 8. Paint four round lids black. When they are dry, stick them around the bottom of your truck to make the wheels.
	<ol style="list-style-type: none"> 9. Scrunch up pieces of old newspaper and paint them grey to make some boulders for your truck to carry.





How to make a bird feeder

You will need:

- Margarine tub
- Different coloured paper or paint
- Glue
- Hole punch
- Wool



Method:

	1. Empty the margarine tub.
	2. Decorate it by sticking on pieces of brightly coloured paper. Then wait for it to dry.
	3. Use a <u>hole</u> punch to put four holes in the top of the margarine tub, so that you have two holes facing each other.
	4. Thread some wool through each of the holes, and tie the two ends together.
	5. Finally, fill your bird feeder with bird food.
	6. Hang the bird feeder outside.

Friendship Bracelet




This should take about **15 minutes**

You will need:

- Long strip of coloured, bendy card
- Stickers, coloured ~~pom poms~~ beads, and anything else to decorate!
- Glue



Method:

	1. Cut out a long, thin strip of card.
	2. Stick the ends of the card together with some glue. This will make the shape of your bracelet.
	3. Decorate with stickers, coloured pom poms <u>beads</u> and anything else you would like to use.
	4. Give to a friend.

Create your own superhero workout

Think of your favourite superhero: Thor, Captain America, Wonderwoman. Can you design a workout for your superhero. Include any exercises or activities that you like but think about what your favourite superhero likes to do.

Here is an example:

Superman Workout

- Superman loves to fly! Find a big space, and in your best flying pose run from one side of your room (or garden) to the other 10 times.
- Crouch, jump and freeze into your best Superman pose, hold this as still as you can for 10 seconds.
- Test your Superman co-ordination skills! Using a toy or ball try to throw your object from one hand to the other without dropping it. Do this 10 times.
- Crouch, jump and freeze into a different Superman pose, can this be done by balancing on one leg, or by balancing using a different body part.
- Test your Superman fitness skills! Can you jog on the spot without stopping for 1 minute? See how fast you can go!

Once finished you could repeat your Superman workout 1 more time.. but by making it even more super! You could increase the time you run or balance.

Now can you create your own superhero workout? Maybe create a superhero workout for someone else in your household! If you are creating a superhero workout for someone else, help them as they do it! Give them motivation and set them goals. Put your favourite piece of music on to keep you going!

