



Year 1 Weekly Plan

Monday

Approx. Timing	Suggested Activity	Activity Plan																
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.																
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.																
30-40 mins	Reading Activity Wash hands	<p>Phonics activity Watch and join in with set 1 sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aROBVlzaFDM</p> <p>Today's sound of the day is 'OO' Look at a book https://www.youtube.com/watch?v=vR47jG-imRo&t=314s</p> <p>We are going to make a book containing lots of 'oo' words. You will need a large piece of plain paper folded in half to make a book. On the front cover can you write 'Look at the book' and 'oo'. Now open up your book and can you write as many 'oo' words as you can think of. You can write them in different colours is you want to. Once you have written the words you can decorate your book.</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 10px;"> <tr> <td style="padding: 2px;">Look</td> <td style="padding: 2px;">Book</td> <td style="padding: 2px;">Cook</td> <td style="padding: 2px;">Took</td> </tr> <tr> <td style="padding: 2px;">Shook</td> <td style="padding: 2px;">Hook</td> <td style="padding: 2px;">Foot</td> <td style="padding: 2px;">Good</td> </tr> <tr> <td style="padding: 2px;">Wood</td> <td style="padding: 2px;">Woof</td> <td style="padding: 2px;">Stood</td> <td style="padding: 2px;">Fishhook</td> </tr> <tr> <td style="padding: 2px;">Cookie</td> <td style="padding: 2px;">Hoof</td> <td style="padding: 2px;">Wool</td> <td style="padding: 2px;">Hood</td> </tr> </table>	Look	Book	Cook	Took	Shook	Hook	Foot	Good	Wood	Woof	Stood	Fishhook	Cookie	Hoof	Wool	Hood
Look	Book	Cook	Took															
Shook	Hook	Foot	Good															
Wood	Woof	Stood	Fishhook															
Cookie	Hoof	Wool	Hood															
15-20 mins	Break Time																	
10 mins	Times tables Practice	<p>You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.</p>																
30-40 mins	Maths Activity	<p>Starter Watch: https://www.youtube.com/watch?v=ID9tjBUiXs0&t=32s or https://www.youtube.com/watch?v=GyK8iEO5-GI</p> <p>Play number bonds to 10 matching card game. Print out or make your own based on the cards in the link below (same animal for the bonds e.g 1 and 9) and cut them out. Shuffle the cards and lay them face down in front of the child so they can't see the numbers or pictures they then have to turn one card over and ask them to see if they know the matching number to go with that card to make 10 they then have to turn over another card do they match? Yes? Then keep them turned up so you can see them and try to find another pair by turning over another card if no then turn back over and try again.</p> <p>https://www.tes.com/teaching-resource/number-bonds-to-10-animal-matching-cards-11828541</p> <p>As a plenary watch https://www.youtube.com/watch?v=jZi-6-Uhwc can you remember some of the number bonds?</p>																
30-40 mins	Lunch time																	
30-40 mins	Topic/English Activity	<p>Dinosaur and fossil recap</p> <p>Have a look on BBC bitesize watch the video about Mary Anning and then flick through the pictures and read the comments to your child and then test your knowledge https://www.bbc.co.uk/bitesize/topics/zd8fv9q/articles/zf6vb82 she was a palaeontologist can you remember what this is? That's right she was a scientist who studied fossils.</p> <p>Now we are going to make our own fossils first we need to write a shopping list We need:</p> <ul style="list-style-type: none"> • 2 cups of plain flour • 1 cup of salt • 1 cup of water <p>Now for the recipe:</p> <ul style="list-style-type: none"> • Mix the flour and salt together in a bowl • Now add the water • Knead the dough together • Keep kneading for possibly 10 minutes the dough should now feel soft, warm and pliable • Now let it sit for 20 minutes • Roll out the dough on a floured surface • Make your fossil and then leave over night to dry 																



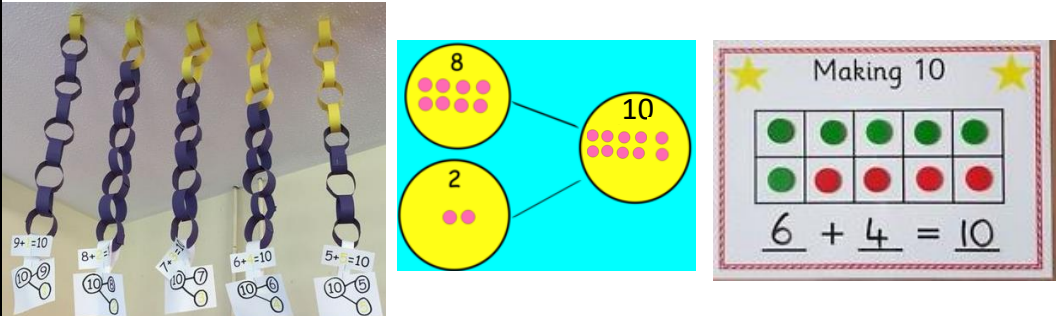
Year 1 Weekly Plan

		<p>If you have any toy dinosaurs at home or any animal toys you can push these into the dough and then remove to make a dinosaur/animal outline or you can use shells from the beach.</p> <p>Plenary: ask your child how fossils are made can they remember? Now play this video from 0.35 with the volume off https://www.youtube.com/watch?v=G4jM2t3NHPA to clarify and consolidate knowledge. Lots of layers of sand and mud covers the body over many years and are forced down due to gravity and the skeleton of the animal turns to stone.</p>
10 mins	Golden Mile/Physical Activity	
30-40 mins	PSHE/Topic	<p>Emotions Today we are going to look at different emotions and what they are, how they make us feel, talk about when we have felt them, have we felt them whilst we have been in lock down etc.</p> <p>Starter watch this video to prompt talking about our feelings then discuss how you are feeling today https://www.youtube.com/watch?v=simLj0OD5XM</p> <p>Watch this video that shows you the Makaton signs for our feelings this may help children to know so they can communicate how they are feeling without their words. When children are distressed, they can struggle to communicate using their words so if they also know the signs this could help them. https://www.youtube.com/watch?v=EfrJriE5Hwg&t=29s</p> <p>Now think about and discuss all 5 emotions from the movie inside out: can you make a face for each emotion? How does your face look when you are happy or sad?</p> <ul style="list-style-type: none"> • Anger, heart races, hot, breathing faster, jaw might feel tight, feel like screaming or running • Fear, heart beats faster, breathing faster, want to scream or run, shaky, hiding eyes • Sadness, might want to cry, feel empty, • Disgust, sick, horrible, • Joy, excited, bubbly <p>How do these emotions make you feel?</p> <p>All feelings are good and okay to feel it is what you do with them that matters. This is what we will look at next lesson.</p>
10-20 mins	Story time/Read a text	

Tuesday

Approx. Timing	Suggested Activity	Activity Plan																				
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.																				
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.																				
30-40 mins	Reading Activity Wash hands	<p>Phonics activity Watch and join in with set 1 sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aROBVlzaFDM</p> <p>Today's sound of the day is 'ay' May I play https://www.youtube.com/watch?v=MTCP8i4Nwgc&t=1s</p> <p>We are going to draw a picture of a sunny day and then write 'ay' words around it. You will need a large piece of plain paper to draw your picture on maybe you could draw yourself playing whilst on holiday in your sunny day picture. Now write as many 'ay' words as you can think of around your picture. You can write them in different colours if you want to. Once you have written the words you can decorate your picture. https://www.twinkl.co.uk/resource/t2-a-001-self-portrait-frames here is a frame if you want to print out and your child can draw the picture and then write words around the outside of the frame.</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>May</td> <td>Play</td> <td>Pay</td> <td>Bay</td> </tr> <tr> <td>Day</td> <td>Hay</td> <td>Jay</td> <td>Lay</td> </tr> <tr> <td>May</td> <td>Nay</td> <td>Ray</td> <td>Say</td> </tr> <tr> <td>Way</td> <td>Clay</td> <td>Play</td> <td>Gray</td> </tr> <tr> <td>Tray</td> <td>Spray</td> <td>Birthday</td> <td>Holiday</td> </tr> </table>	May	Play	Pay	Bay	Day	Hay	Jay	Lay	May	Nay	Ray	Say	Way	Clay	Play	Gray	Tray	Spray	Birthday	Holiday
May	Play	Pay	Bay																			
Day	Hay	Jay	Lay																			
May	Nay	Ray	Say																			
Way	Clay	Play	Gray																			
Tray	Spray	Birthday	Holiday																			
15-20 mins	Break Time																					
10 mins	Times tables Practice	<p>You should practise times tables every day.</p> <p>Reception: doubling and halving Year 1&2: 2s, 5s, 10s</p>																				

Year 1 Weekly Plan

		Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.
30-40 mins	Maths Activity	<p>Starter Watch: https://www.youtube.com/watch?v=ID9tjBUiXs0&t=32s or https://www.youtube.com/watch?v=GyK8iEO5-GI</p> <p>Today you are going to make paper chains to represent your number bonds to 10. You will need to pick 2 colours of paper. You will make one side of the bond in one colour (e.g. 1 red) and the other side of the bond in the other colour (e.g. 9 blue). You can then write out the bond on paper using 3 coloured pens. Write the numbers on the bond in the same colours as the paper chain and the symbols and answer in black. E.g. $1 + 9 = 10$. If you want to push yourself can you create a part whole model for each number bond? I have attached examples below. You could even make a tens frame for each one too.</p>  <p>As a plenary watch https://www.youtube.com/watch?v=zjZi-6_Uhwc can you remember some of the number bonds?</p>
30-40 mins	Lunch time	
30-40 mins	Topic/English Activity	<p>Dinosaur recap</p> <p>Today we are going to practise mixing colours using paint. We are going to paint our fossils we made yesterday. Watch this video to remind yourself of what colours mix together to make another colour https://www.youtube.com/watch?v=lwfZvRuE7s8</p> <p>In school we are going to then watch a PowerPoint. Remind your child to only mix 2 colours and then wash their brush in water before moving on to mixing another two colours if they want to. We are also going to have colour mixing posters out the help the children independently mix the paint. https://www.twinkl.co.uk/resource/t-m-127-colour-mixing-display-signs</p> <p>Also talk about what happens if we add white- it makes it lighter and if we add black- it makes it darker. If there is time left or spare paint they are more than welcome to paint a picture of their choice.</p> <p>To make your own paint: https://www.wikihow.com/Make-Your-Own-Paint</p>
10 mins	Golden Mile/Physical Activity	
30-40 mins	PSHE/Topic	<p>Emotions</p> <p>Today we are going to talk about if there are right and wrong ways to deal with our emotions? When we are in school how should we deal with our emotions?</p> <p>Think about and discuss all 5 emotions from the movie inside out:</p> <ul style="list-style-type: none"> • Anger, heart races, hot, breathing faster, jaw might feel tight, feel like screaming or running, take deep breaths, go for a walk and calm down, take a break • Fear, heart beats faster, breathing faster, want to scream or run, shaky, hiding eyes, imagine things that make you happy, breath slowly and deeply, talk to an adult about your fears, think positive • Sadness, might want to cry, feel empty, talk to someone, listen to music or sing/hum favourite song, write it down, be around friends play games and tell jokes • Disgust, sick, horrible, do something that makes you forget, talk about it, think before you act, walk away from the situation • Joy, excited, bubbly, bouncy, give a compliment, help someone, make someone smile, make a new friend, play with someone new or invite them to play with you. <p>What can we do to help ourselves when we start to get emotional? Can you discuss what you could do to help calm yourself or others down? Think about yesterday when we discussed how feelings make us feel what can we do to help?</p> <ul style="list-style-type: none"> • Take slow deep breaths- there are lots of mindfulness calming videos on you tube such as this bubble breath https://www.youtube.com/watch?v=N3AISJxfZDM&t=29s • Ask someone for help or support

Year 1 Weekly Plan

- Talk to others about how we are feeling, show them pictures of use Makaton to show how we feel <https://www.youtube.com/watch?v=EfrJriE5Hwg&t=29s>
- Walk away from what is making you feel emotional and take a break
- Take time to relax and calm down before trying again maybe try counting to your favourite number or seeing how high you can count until you feel calmer

10-20 mins

Story time/Read a text

Wednesday

Approx. Timing

Suggested Activity

Activity Plan

10 mins

Mindfulness

This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.

30 mins

PE with Joe Wicks / Eat breakfast with family

This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.

30-40 mins

Reading Activity
Wash hands

Phonics activity

Watch and join in with set 1 sounds: <https://www.youtube.com/watch?v=hCBzNnSSxds>

Then set 2 and 3: <https://www.youtube.com/watch?v=aR0BVlzaFDM>

Today's sound of the day is 'igh' Fly high

<https://www.youtube.com/watch?v=OYCR2RZ4ZYY>

Yesterday we drew a daytime picture what is the opposite of day? Night! That's right so today we are going to draw a picture of a dark night and then write 'igh' words around it.

You will need a large piece of plain paper to draw your picture on maybe you could draw yourself playing in the dark what animals do you see at night? Now write as many 'igh' words as you can think of around your picture. You can write them in different colours if you want to. Once you have written the words you can decorate your picture.

<https://www.twinkl.co.uk/resource/t2-a-001-self-portrait-frames> here is a frame if you want to print out and your child can draw the picture and then write words around the outside of the frame.

High	Sigh	Fight	Light
Might	Night	Right	Sight
Tight	Bright	Flight	Knight
Delight	Thigh	Fright	Tonight

15-20 mins

Break Time

10 mins

Times tables Practice

You should practise times tables every day.

Reception: doubling and halving

Year 1&2: 2s, 5s, 10s

Year 3: 3s, 4s, 8s

Year 4,5,6: All timetables up to 12x12.

Starter Watch: <https://www.youtube.com/watch?v=ID9tjBUiXs0&t=32s> or

<https://www.youtube.com/watch?v=GyK8iEO5-GI>

Rainbow to 10



$0 + 10 = 10$

$1 + 9 = 10$

$2 + 8 = 10$

$3 + 7 = 10$

$4 + 6 = 10$

$5 + 5 = 10$

$10 + 0 = 10$

$9 + 1 = 10$

$8 + 2 = 10$

$7 + 3 = 10$

$6 + 4 = 10$

$5 + 5 = 10$

Today you are going to make a 3D rainbow to represent your number bonds. Beside is a 2D example.

You will need one piece of plane paper to make the base and a long strip of paper per colour (purple, blue, green, yellow, orange and red) ignore the fact the picture on the right has two blue you only need one. If you do not have coloured paper, you could colour or paint strips of white paper for each colour. You are then going to stick either end to the base paper to make a tunnel. You can then decorate the base with clouds using paper or cotton wool.

Your job is to now label the base of each strip of paper with the correct numbers use the picture on the left to help.


As a plenary watch <https://www.youtube.com/watch?v=jZi-6-Uhwc> can you remember some of the number bonds?



30-40 mins

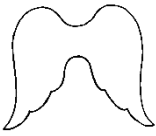
Maths Activity

Year 1 Weekly Plan

30-40 mins	Lunch time	
30-40 mins	Topic/English Activity	<p>Dinosaur recap: Today we are going to look at the meaning of: omnivore, carnivore and herbivore. First of all watch this video https://www.youtube.com/watch?v=3yrikH2QEFA</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Omnivore</p> <p>by remembering that omnivores eat everything with an om nom nom nom!</p> </div> <div style="text-align: center;"> <p>You could remember the word:</p> <p>Herbivore</p> <p>by remembering that herbs are types of plants.</p> </div> </div> <p>In school we are then going to watch this twinkle PowerPoint video but unfortunately it is not free https://www.twinkl.co.uk/resource/tgy2-sc-19-quick-facts-herbivores-omnivores-and-carnivores-video but you can watch this video on bitesize instead it is very similar https://www.bbc.co.uk/bitesize/clips/zwfd2p3</p>  <p>We are now going to make a dinosaur face if you follow the instructions on this website but only change if the teeth and what you are going to write inside https://babblingabby.net/2016/04/free-dinosaur-craft/ If your child would prefer to make another animal than that is fine too just try to make sure you know whether they are a herbivore, carnivore or omnivore so you can write it in their mouth and so they have the right teeth too.</p> <p>Inside the mouth can you write what your dinosaur eats? If they eat just meat, they are a? Carnivore! If they eat just plants? They are a herbivore! If they eat both plants and meat? Then they are a omnivore!</p> <p>For the teeth can you make sure if they are a carnivore their teeth are pointed as this helped them to eat meat, rounded for the herbivore as they helped them to ground down the plants and both for the omnivore. See the picture below for clarification.</p>
10 mins	Golden Mile/Physical Activity	
30-40 mins	PSHE/Topic	<p>Feelings, today we are going to work on spotting how other people are feeling.</p> <p>Watch the video below and after each clip of Riley from inside out the movie the screen goes black and counts down. So when it counts down pause the video and discuss how is she feeling? When have you felt that emotion? Are you scared of spiders to? Discuss each emotion, what does it make you feel, how can we tell someone is feeling that emotion what does their face and body look like? How do they move?</p> <p>https://www.youtube.com/watch?v=dOkyKyVFnsS</p> <p>Now you are going to work in partners but from a distance and imagine there is a mirror you are going to copy what your partner does. Label yourselves 1 and 2, 1 close your eyes 2 look at the screen and you will see an emotion I will also show you the Makaton sign. I want you to act this out, but first think about how you would move stand what would your face look like what would you do with your hands? Now partner 1 open your eyes and copy what your partner is doing what emotion are they showing? Did you get it right? Now swap 2 close eyes 1 act out new emotion and keep repeating until you have done all the emotions.</p> <p>Caregivers if you have more than one child you can whisper in their ear instead of showing them a picture you could also use Makaton signs as well, here is the video to remind you https://www.youtube.com/watch?v=EfrJriE5Hwg&t=29s or if it is just the two of you draw simple faces for emotions put in a pot 1 closes eyes 2 picks out face and acts it out and swap.</p>
10-20 mins	Story time/Read a text	

Year 1 Weekly Plan

Thursday

Approx. Timing	Suggested Activity	Activity Plan																
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.																
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.																
30-40 mins	Reading Activity Wash hands	<p>Phonics activity Watch and join in with set 1 sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aROBVlzaFDM</p> <p>Today's sound of the day is 'ng' Thing on a string https://www.youtube.com/watch?v=vQshNmncnBs</p> <p>Today we are going to make our own wings and write our 'ng' words on them. You will need a large piece of plain paper to draw your wings on. Now write as many 'ng' words as you can think of on your wings. You can write them in different colours is you want to. Once you have written the words you can decorate your wings and then cut them out to wear if you cut some string or paper to make arm holes. Ive added a simple outline but if you google wing template there are lots of options you could trace or print.</p>  <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Thing</td> <td style="padding: 2px;">String</td> <td style="padding: 2px;">King</td> <td style="padding: 2px;">Ring</td> </tr> <tr> <td style="padding: 2px;">Sing</td> <td style="padding: 2px;">Wing</td> <td style="padding: 2px;">Song</td> <td style="padding: 2px;">Long</td> </tr> <tr> <td style="padding: 2px;">Fang</td> <td style="padding: 2px;">Lung</td> <td style="padding: 2px;">Rung</td> <td style="padding: 2px;">Swing</td> </tr> <tr> <td style="padding: 2px;">Sting</td> <td style="padding: 2px;">Bring</td> <td style="padding: 2px;">Thing</td> <td style="padding: 2px;">Sang</td> </tr> </table>	Thing	String	King	Ring	Sing	Wing	Song	Long	Fang	Lung	Rung	Swing	Sting	Bring	Thing	Sang
Thing	String	King	Ring															
Sing	Wing	Song	Long															
Fang	Lung	Rung	Swing															
Sting	Bring	Thing	Sang															
15-20 mins	Break Time																	
10 mins	Times tables Practice	<p>You should practise times tables every day.</p> <p>Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.</p>																
30-40 mins	Maths Activity	<p>Starter Watch: https://www.youtube.com/watch?v=ID9tjBUiXs0&t=32s or https://www.youtube.com/watch?v=GyK8iEO5-GI</p> <p>Today you are going to check your knowledge of number bonds to 10 by giving the ladybirds to right number of spots. The work sheet is on twinkle and is free here is the link: https://www.twinkl.co.uk/resource/t-n-2070-give-the-ladybirds-10-spots-number-bond-activity you need to cut out the black spots on the last page and stick the right amount to each ladybird. You can use your rainbows and paper chains to help you but try to do it without them as you need to learn these number bonds off by heart.</p> <p>As a plenary watch https://www.youtube.com/watch?v=jZi-6-Uhwc can you remember some of the number bonds?</p>																
30-40 mins	Lunch time																	
30-40 mins	Topic/English Activity	<p>Dinosaur recap</p> <p>Today we are going to look at which dinosaurs are carnivore, herbivore and omnivores. Watch this video as a recap on what carnivore, herbivore and omnivores are https://www.youtube.com/watch?v=3yrikH2QEFA</p> <p>In school we are going to watch a PowerPoint and then do the same cut and sticking activity as detailed below and have the answers displayed enlarged around the room in multiple locations to prevent gatherings and abide by 2 meter distancing.</p> <p>Now make a Venn diagram like the picture below. Large full page copy at the bottom of the document if you wish to print it of instead. We are then going to place these dinosaurs (below again full page copy at bottom of the document if you wish to print so your child can cut and stick) in the correct places have a discussion with your child about each dinosaur and what teeth they had what they ate (refer back to yesterday's lesson about what teeth carnivore, herbivore and omnivores had) the answers are both just below and enlarged version at end of document etc.</p>																

Year 1 Weekly Plan

10 mins	Golden Mile/Physical Activity
---------	-------------------------------

30-40 mins	PSHE/Topic	<p>Now we have talked roughly about all the emotions and how they make us feel we are going to look at a new emotion each day.</p> <p>Today's emotion is excitement! Watch this video it has the feelings song at the beginning and then clips for each emotion the first is excited https://www.youtube.com/watch?v=uvMx-rojxRw pause the video at 1.42 as it then moves on to tomorrows emotion.</p> <ul style="list-style-type: none"> • How do you feel when you are excited? Happy, bubbly, jumpy, bouncy, voice gets high pitched and I might shout with excitement etc • Which inside out character represents excitement? That's right Joy! What colour is she? Yellow do you think this is a good colour to represent joy? Yes or no? why? Excitement is when you are really really happy and feeling soo great, enthusiastic and interested. • Can you act out being excited? Maybe your family could all act it out at once and then if you want to share you can. • Now I want you to draw an excited face what does their face look like? Their eyes, mouth etc You could paint, draw use playdough or even use a tablet to draw on a doodle pad. • Can you name a time you have been excited? Caregivers you start by telling them a time you have been excited now it the child's turn. Discuss these experiences.
------------	------------	---

10-20 mins	Story time/Read a text
------------	------------------------

Friday

Approx. Timing	Suggested Activity	Activity Plan
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.



Year 1 Weekly Plan

30-40 mins	Reading Activity Wash hands	<p>Phonics activity Watch and join in with set 1 sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aR0BVlzaFDM</p> <p>Today's sound of the day is 'oi' Spoil the boy https://www.youtube.com/watch?v=IRTITdRL_cU</p> <p>Today we are going to draw a picture of a pig because they make the sound oink and then write 'oi' words around it or inside it. You will need a large piece of plain paper to trace your picture on or print out the template from the link below or free hand draw a pig. Now write as many 'oi' words as you can think of around your picture or inside the pig. You can write them in different colours is you want to. Once you have written the words you can decorate your picture. https://images.template.net/wp-content/uploads/2014/12/Cartoon-Pig-Coloring-Page.jpg</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 10px;"> <tr> <td style="padding: 2px;">Spoil</td> <td style="padding: 2px;">Boil</td> <td style="padding: 2px;">Oink</td> <td style="padding: 2px;">Coil</td> </tr> <tr> <td style="padding: 2px;">Point</td> <td style="padding: 2px;">Poison</td> <td style="padding: 2px;">Coin</td> <td style="padding: 2px;">Foil</td> </tr> <tr> <td style="padding: 2px;">Soil</td> <td style="padding: 2px;">Hoist</td> <td style="padding: 2px;">Joints</td> <td style="padding: 2px;">Toilet</td> </tr> <tr> <td style="padding: 2px;">Oil</td> <td style="padding: 2px;">Voice</td> <td style="padding: 2px;">Noise</td> <td style="padding: 2px;">Voice</td> </tr> </table>	Spoil	Boil	Oink	Coil	Point	Poison	Coin	Foil	Soil	Hoist	Joints	Toilet	Oil	Voice	Noise	Voice
Spoil	Boil	Oink	Coil															
Point	Poison	Coin	Foil															
Soil	Hoist	Joints	Toilet															
Oil	Voice	Noise	Voice															
15-20 mins	Break Time																	
10 mins	Times tables Practice	<p>You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.</p>																
30-40 mins	Maths Activity	<p>Starter Watch: https://www.youtube.com/watch?v=ID9tjBUjXs0&t=32s or https://www.youtube.com/watch?v=GyK8iEO5-GI</p> <p>Today you are going to check your knowledge of number bonds to 10 by giving Ronald the rhino the right number of mud patches and filling in the sum. The work sheet is on twinkle and is free here is the link: https://www.twinkl.co.uk/resource/t-n-2544722-ronald-the-rhinos-muddy-mess-number-bonds-to-10-activity . You need to give him the right number of mud patches to make 10. You then need to fill out the sum underneath Ronald. You can then colour and decorate him once you are done. If you are really struggling then use the other items you have made this week to help you.</p> <p>As a plenary watch https://www.youtube.com/watch?v=jZi-6_-Uhwc can you remember some of the number bonds?</p>																
30-40 mins	Lunch time																	
30-40 mins	Topic/English Activity	<p>Dinosaur recap Today we are going to test your knowledge on which dinosaurs are carnivore, herbivore and omnivores. Watch this video as a recap on what carnivore, herbivore and omnivores are https://www.youtube.com/watch?v=3yrikH2QEFA</p> <p>Ask your child to go outside in the garden or go on a walk with them and collect grass, leaf's, flowers etc. Now we are going to make dinosaur poo ether you can make the poo and then ask your child to investigate it to figure out if the dinosaur was a carnivore, herbivore or omnivore or they can help you make it and discuss as you are going along what dinosaur this poo would have come from.</p> <p>The recipe for the poo is below in school we won't use the beef stock just brown paint this is to make the herbivore poo: (to make carnivore poo add raw spaghetti and ham or chicken, and in omnivore add leaf's, grass, raw spaghetti and some kind of meat)</p>																

Year I Weekly Plan

Dinosaur Poo

Ingredients

1 cup flour
2 cups salt
1 tablespoon of vegetable oil
 $\frac{3}{4}$ cup warm water
Beef stock cube

Equipment

Wooden lolly sticks
Handful of leaves
Paper plates
Large mixing bowl

Method

1. In a large bowl, mix the salt, flour and vegetable oil together.
2. In another bowl, mix together the warm water, beef stock cube and brown paint, until it looks like brown water.
3. Carefully, pour the brown water into the large bowl containing the flour mix.
4. Stir the mixture, then start to use your hands to make a doughy lump.
5. Then, take small pieces of the dough and roll them into large sausage shapes.
6. Tear up the leaves and poke them into the sausage shapes. These are the bits that tell archaeologists what the dinosaurs ate millions of years ago. This will make the poo of a plant-eating Diplodocus.
7. Ask your friends to use the lolly sticks to 'excavate' the poos and find out what the dinosaurs used to eat.

10 mins

Golden Mile/Physical Activity

30-40 mins

PSHE/Topic

Today's emotion is anger!

Watch this video you need to start it at 1.43 <https://www.youtube.com/watch?v=uvMx-rojxRw> pause the video at 2.43 before it plays tomorrows emotion.

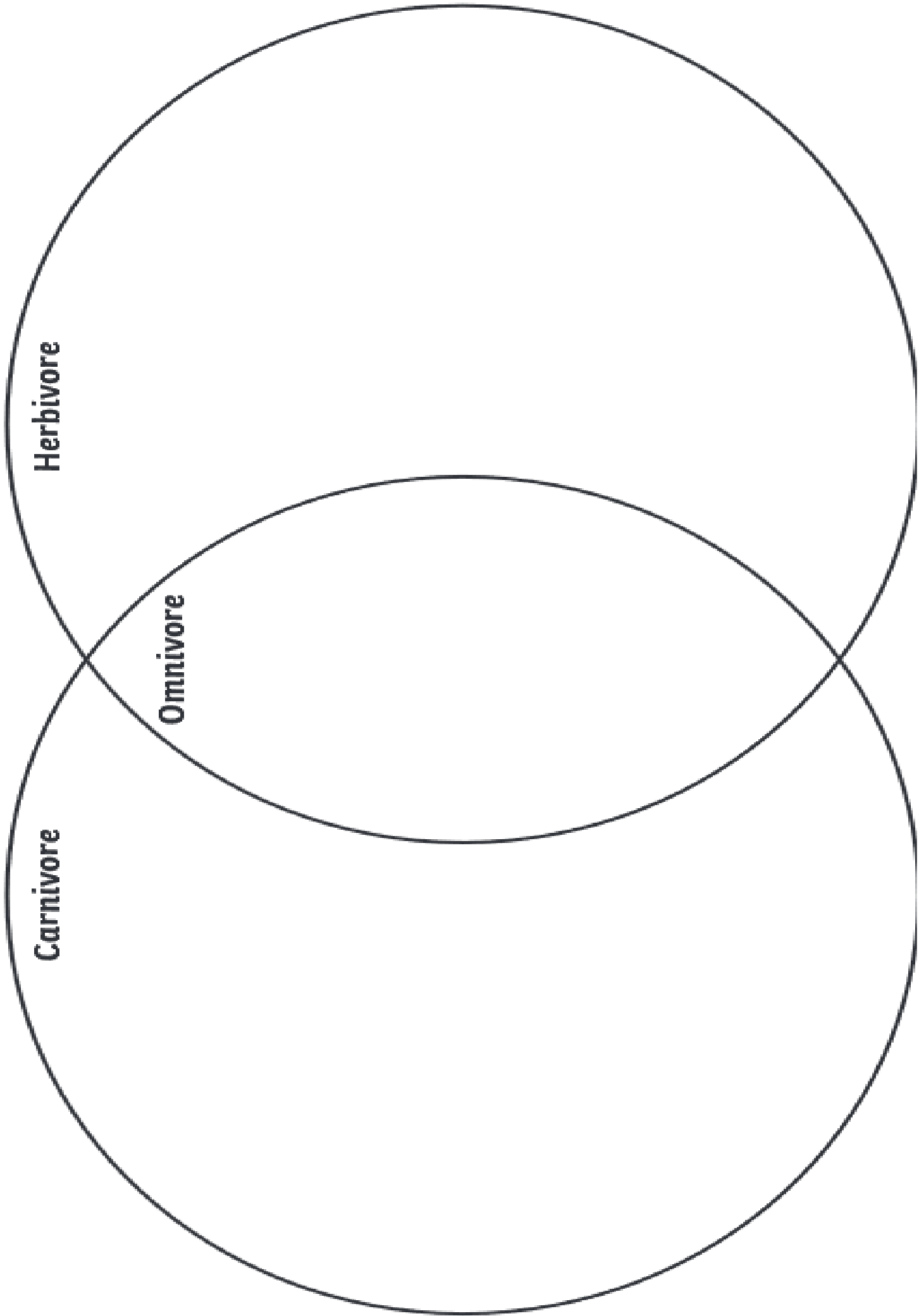
- How do you feel when you are angry? Stompy, mad, annoyed, hot, short of breath, tight jaw, heart races and pounds, feel like screaming and shouting, running away etc.
- Which inside out character represents being angry? That's right Anger! What colour is he? Red do you think this is a good colour to represent anger? Yes or no? why?
- Can you act out being excited? Maybe your family could all act it out at once and then if you want to share you can.
- Now I want you to draw an excited face what does their face look like? Their eyes, mouth etc You could paint, draw use playdough or even use a tablet to draw on a doodle pad.
- Can you name a time you have been excited? Caregivers you start by telling them a time you have been excited now it the child's turn. Discuss these experiences.

10-20 mins












Story time/Read a text



Year I Weekly Plan



Year I Weekly Plan

 <p>Apatosaurus</p>	 <p>Iguanodon</p>	 <p>Plesiosaur</p>	 <p>Oviraptor</p>
 <p>Tyrannosaurus Rex</p>	 <p>Brachiosaurus</p>	 <p>Velociraptor</p>	 <p>Ichthyosaur</p>
 <p>Pterodactyl</p>	 <p>Triceratops</p>	 <p>Stegosaurus</p>	

Year I Weekly Plan

