



# Reception/Nursery Weekly Plan

Within school **reception** and **nursery** will be planned for together. We will put in different activities for **nursery** in blue. There may be some activities where they are suitable for both nursery and reception.

Always supervise your child when using the internet.

## Monday

Approx. Timing	Suggested Activity	Activity Plan
10 mins	Mindfulness	This could be a colouring activity, a finger gym or a quiet handwriting exercise such as name writing Something that gets your child ready for a day of learning.
30 mins	Eat breakfast with family	This is where your child will have their bagels (if in school) If you are at home you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.
15 mins	Staying safe and healthy	Use the link below to watch the <i>Germ Busters</i> washing hands video. Remind your child/children about the importance of keeping their hands clean and key times to wash them – when we sneeze or cough, before we eat, after touching animals, after the toilet and when we played outside. <a href="https://www.youtube.com/watch?v=07YNCFIS0il">https://www.youtube.com/watch?v=07YNCFIS0il</a> If you would like to help your child to understand social distancing, you can use the link below to watch as the Play Mobil characters explain why we distance. You could even practise at home by asking your child to place their toys apart from each other. <a href="https://www.youtube.com/watch?v=kyUh-b2q9MA">https://www.youtube.com/watch?v=kyUh-b2q9MA</a>
20 mins	Phonics/Reading and literacy	<b>Reception:</b> Use the flashcards to practice the speedy sounds. See how quickly you can say each one. Reception should have flashcards for the sounds: <i>u b f e l h sh r, j, v, y, w, z, x, th, ch, qu, ng, nk, ay</i> 1. Make a new flashcard for the sound 'ee'. 2. Introduce this sound to your child. When a sound has two letters, we call these <b>best friends</b> . We can use a rhyme to help us remember this sound. <b>'ee' – what can you see?'</b> 3. Use the pictures for 'ee' (scroll down) to practice saying the sound in words – <i>green, sleep, bee</i> 4. Next place your new 'ee' flashcard in a pile with all the others sounds. Shuffle them up. Go through the sounds (speedy sounds) and ask your child to point to today's sounds 'ee' when they see it. Repeat and shuffle the sounds again. 5. Practise writing the best friends' 'ee'. <i>e- lift off the top and scoop out the egg.</i> 6. Collect the flash cards for the sounds <i>ee, s, n, n, l, p, th, r</i> 7. You are now going to try and make some words and read them using Fred Talk. 8. Say the words then work together to spell them using the flashcards – When reading a word encourage your child to spot the best friends first and say the best friends sound then read the whole word e.g. <b>"best friends" 'ee'. 's-ee see'</b> . <i>see, three, been, green, seen, sleep.</i> <b>Challenge:</b> Try writing the words that use the 'ee' sound. <b>Nursery:</b> Practise the sounds using their flash cards: <i>m a s d t</i> Speedy sounds – go through the flash cards as quickly as you can. Hide the flash cards around your home. As your child finds each card ask them to make the sound for the letter they have found.
15-20 mins	Break Time	
10 mins	Get active!	Time to get active and stretch! Monday Challenge. Work with your child to make different shapes with their body e.g. a small, tall, round, huge, wide, narrow shape. You could ask them to make themselves look like animals or objects. The important part is making <b>BIG</b> movements and stretched to help develop strength.
25-30mins	Maths Activity	<b>Reception:</b> Say a number to your child and ask them to say what <i>one more</i> and <i>one less</i> is than the number. <b>Halving/sharing:</b> This week we would like you to focus on halving/sharing. In order to teach this, you will need to begin by using even numbers only – 2 4 6 8 10 12 14 16 18 20. Collect an even number of toys or counters and present them to your child. I would suggest starting with a number below 10. Ask your child to share the objects between you/two people then tell you how many you have each. For example, <u>first</u> we had 6 toys, <u>then</u> we shared them between two people. <u>Now</u> they/we have 3 each. Repeat this for other even numbers up to 10. Ensure your child explains the process by using <i>first, then</i> and <i>now</i> . <b>Nursery:</b> Practise putting numbers 1-5/1-10 in order. Today you are going to tell a story to your child and support them in counting accurately. Create a setting such as a bus, shop, zoo or cinema for your number work to take place. Example: 5 animals were in the zoo. Ask your child to count 5 animals into the zoo. Once they have counted the animals check and count them together. Repeat this for other numbers up to 10.
10 mins	Washing hands ready for lunch (at school children will wash hands one at a time so more time is needed)	
30-40 mins	Lunch time	
15 minutes	Staying safe and healthy	As in the session this morning – recap the song and remind your child about the importance of keeping our hands clean and our distance from others during this time at home (or at school).
25-30 mins	Topic/PSHE	<b>Reception and Nursery:</b> When I return to/start school... Today you are going to talk about returning to or <b>starting</b> school after the Summer. Ask your child what they are looking forward to when they return to or <b>start</b> school. You could share some examples with your

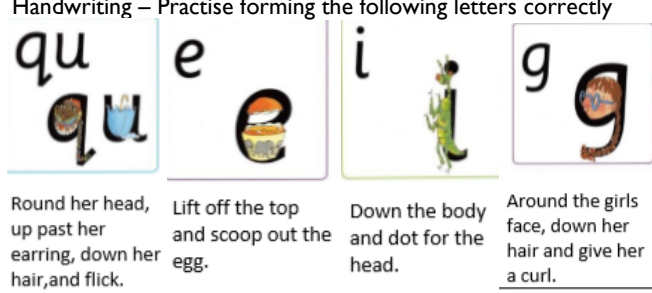
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		child such as, <i>I am looking forward to seeing my friends. I am looking forward to meeting my teachers. I am looking forward to playing in the playground.</i> Ask your child to draw a picture. <b>Reception:</b> Encourage your child to write some words to go alongside their drawings.
10 mins	Golden Mile/Physical Activity	
15-20mins	English	<b>End of year party</b> – Although we cannot all be together to celebrate the end of year; we would like you to have your own special party at home to celebrate the start of the holidays. Today we would like you to plan what you would like at your party. <b>Reception:</b> Write a list of things you would like at your party e.g. games, food, balloons, decorations. <b>Nursery:</b> Ask your child to draw pictures of what they would like to have at their party. Encourage them to mark make and label their pictures.
20-30mins	Learning and play time	Spend time with your child as they choose their own toys to play with. Take the time to talk to them about their game and join in the play. Ask them what they are playing/making? How did they make it? What is it? How do you play? What makes it special? Ask them about their day and what they have enjoyed. Is there anything they would like to do again? What would they like to do tomorrow? Spending quality time together is important and creates lots of memories for your child.
10-20 mins	Story time/Read a text If you can't find any books to read then you could make up your own stories together OR sing a nursery rhyme or favourite song.	


## Tuesday

Approx. Timing	Suggested Activity	Activity Plan
10 mins	Mindfulness	This could be a colouring activity, a finger gym or a quiet handwriting exercise such as name writing Something that gets your child ready for a day of learning.
30 mins	Eat breakfast with family	This is where your child will have their bagels (if in school) If you are at home you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.
20 mins	Staying safe and healthy	Use the link below to watch a new washing hands video. Remind your child/children about the importance of keeping their hands clean and key times to wash them – when we sneeze or cough, before we eat, after touching animals, after the toilet and when we have played outside. <a href="https://www.youtube.com/watch?v=dDHJW4r3eIE">https://www.youtube.com/watch?v=dDHJW4r3eIE</a>
20 mins	Phonics/Reading and literacy	<b>Reception:</b> Use the flashcards to practise the speedy sounds. See how quickly you can say each one. Use flashcards: <i>u b f e l h sh r j v y w z x, th, ch, qu, ng, nk, ay, ee</i> Handwriting – Practise forming the following letters correctly  <b>Nursery:</b> Practise the sounds using their flash cards: <i>m a s d t</i> Ask your child to try and draw different shapes and patterns such as circles, zig-zags, swirls etc. Practise writing their name by tracing over the letters. Challenge them to write their name independently.
15-20 mins	Break Time	
10 mins	Get active!	Time to get active! Tuesday Challenge. Today's challenge: 30 seconds jumping on the spot, 10 jumping jacks, 30 seconds running with high knees on the spot (repeat twice). Stretch: Stretch and make yourself look like a giraffe, make yourself as small as a mouse, as wide as a hippo. Finish with some deep breaths in and out and a cup of water.
25-30mins	Maths Activity	<b>Reception:</b> Count forwards and backwards from 1-20. <b>Halving/sharing:</b> Today we would like you to continue focusing on halving/sharing. Today you will need to use even numbers only – 2 4 6 8 10 12 14 16 18 20. Collect an even number of toys or counters and present them to your child. Begin with an even number below 10 then move to higher number when your child is confident. Ask your child to share the objects between you/two people then tell you how many you have each. For example, <u>first</u> we had 12 toys, <u>then</u> we shared them between two people. <u>Now</u> they/we have 6 each. Repeat this for other even numbers up to 10/20. Ensure your child explains the process by using <i>first, then</i> and <i>now</i> . <b>Nursery:</b> Practise recognising numbers 1-5/1-10. Today you are going to tell another set of stories to your child and support them in counting accurately. Create a new setting such as a bus, shop, zoo or cinema for your number work to take place. Example: 7

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		people went to the shop. Ask your child to count 7 people into the shop. Once they have counted the people check and count them together. Repeat this for other numbers up to 10.
10 mins		Washing hands ready for lunch (at school children will wash hands one at a time so more time is needed)
30-40 mins		Lunch time
15 minutes	Staying safe and healthy	As in the session this morning – recap the song and remind your child about the importance of keeping our hands clean and our distance from others during this time at home (or at school).
25-30 mins	Topic	<b>Reception &amp; Nursery:</b> We are going to need decorations for our party. You will need string or ribbon to help you make bunting to decorate your home/party room. <b>Scroll down</b> to find a bunting template. Allow your child to decorate each piece then follow the instructions. 
10 mins		Golden Mile/Physical Activity
15-20mins	English	<b>Invitations</b> – Today we would like you to make and write invitations to people in your family or your toys that you would like to come to your party. <b>Scroll down</b> to find a simple template to help you. <b>Reception:</b> Write your invitations. Remember to write what time your party will be and where. <b>Nursery:</b> Mark make on your invitations who you would like to invite to your party. Write your name on your invitations so your guests know who it is from.
20-30mins	Learning and play time	Spend time with your child as they choose their own toys to play with. Take the time to talk to them about their game and join in the play. Ask them what they are playing/making? How did they make it? What is it? How do you play? What makes it special? Ask them about their day and what they have enjoyed. Is there anything they would like to do again? What would they like to do tomorrow? Spending quality time together is important and creates lots of memories for your child.
10-20 mins		Story time/Read a text If you can't find any books to read then you could make up your own stories together OR sing a nursery rhyme or favourite song

## Wednesday

Approx. Timing	Suggested Activity	Activity Plan
10 mins	Mindfulness	This could be a colouring activity, a finger gym or a quiet handwriting exercise such as name writing Something that gets your child ready for a day of learning.
30 mins	Eat breakfast with family	This is where your child will have their bagels (if in school) If you are at home you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.
20 mins	Staying safe and healthy	Use the link below to watch the NHS washing hands video. Remind your child/children about the importance of keeping their hands clean and key times to wash them – when we sneeze or cough, before we eat, after touching animals, after the toilet and when we have played outside. <a href="https://www.youtube.com/watch?v=dDHJW4r3eIE">https://www.youtube.com/watch?v=dDHJW4r3eIE</a>
20 mins	Phonics/Reading and literacy	<b>Reception:</b> Use the flashcards to practice the speedy sounds. See how quickly you can say each one. Reception should have flashcards for the sounds: <i>u b f e l h sh r, j, v, y, w, z, x, th, ch, qu, ng, ay, ee</i> 1. Make a new flashcard for the sound 'igh'. 2. Introduce this sound to your child. When a sound has three letters, we call these <b>best friends</b> . When making this sound we can use a rhyme to help us. 'igh' – fly high. 3. Use the pictures for 'igh' (scroll down) to practice saying the sound in words – light, night, fright 4. Next place your new 'igh' flashcard in a pile with all the others sounds. Shuffle them up. Go through the sounds (speedy sounds) and ask your child to point to today's sound 'igh' when they see it. Repeat and shuffle the sounds again. 5. Practise writing the best friends 'igh'. <i>i- down the body and dot for the head. g- around the girls face, down her hair and give her a curl. h-down the head, to his hooves and over his back.</i> 6. Collect the flash cards for the sounds igh, h, n, t, f, r, b, s, m 7. You are now going to try and make some words and read them using Fred Talk. 8. Say the words then work together to spell them using the flashcards – When reading a word encourage your child to spot the best friends first and say the best friends sound then read the whole word e.g. "best friends igh. n-igh-t, night" <i>High, night, light, fright, bright, sight, might.</i> <b>Challenge:</b> Try writing the words that use the 'igh' sound. <b>Nursery:</b> Practise the sounds using their flash cards: <i>m a s d t</i> Matching pairs. Create two sets of flash cards. Turn them all over. Take it in turns to choose a card and see if you can find the matching letter. How many matching pairs can your get?
W		Break Time
10 mins	Get Active!	Time to get active and stretch! Wednesday Challenge.

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		Work with your child to make different shapes with their body e.g. a small, tall, round, huge, wide, narrow shape. You could ask them to make themselves look like animals or objects. The important part is making BIG movements and stretched to help develop strength.
25-30mins	Maths Activity	<p><b>Reception:</b> Number noughts and crosses. Draw a 3x3 grid and write a number in each square. Take it in turns to choose a number and win a square. Remember you need to get three squares in a row to win.</p> <p><b>Sharing:</b> Today we would like you to continue focusing on sharing. Explain to your child that they are going to share fairly. This means each person needs to have the same number of toys/objects. Today you will need to focus on numbers 3 6 9 12 15 18 and share the toys/objects between three.</p> <p>Collect a group of toys or counters and present them to your child. Begin with a number below 12 then move to higher numbers when your child is confident. Ask your child to share the objects between three people (you could use plates/pots or bowls) then tell you how many each person/group has. For example, <u>first</u> we had 9 toys, <u>then</u> we shared them between three people. <u>Now</u> they/we have 3 each. Repeat this for other even numbers up to 18. Ensure your child explains the process by using <i>first, then</i> and <i>now</i>.</p> <p><b>Nursery:</b> Practise recognising numbers 1-5 then 1-10.</p> <p>Today you are going to tell another set of stories to your child and support them in counting accurately. Create a new setting such as a bus, shop, zoo or cinema for your number work to take place. Example: 9 people got on the bus. Ask your child to count 9 people on to the bus. Once they have counted the people check and count them together. Repeat this for other numbers up to 10.</p>
10 mins	Washing hands ready for lunch (at school children will wash hands one at a time so more time is needed)	
30-40 mins	Lunch time	
15 minutes	Staying safe and healthy	As in the session this morning – recap the song and remind your child about the importance of keeping our hands clean and our distance from others during this time at home (or at school).
25-30 mins	Topic/English Activity	<p><b>Reception:</b> Today we would like you to decide what party games you would like to play at the party tomorrow. Write a list of party games and any extra things you need such as music or a parcel.</p> <p><b>Nursery:</b> Pick 2-3 party games that you would like to play at the party tomorrow. Ideas: musical statues, musical bumps, pass the parcel, sleeping lions.</p> <p style="text-align: center;"><b>Practise playing each game.</b></p>
10 mins	Golden Mile/Physical Activity	
15-20mins	Topic	<p><b>Reception and Nursery:</b> Party hats! For this activity you will need a large sheet of paper or card and materials to decorate the hat. You could use leftover wallpaper or wrapping paper. Cut and measure a piece of paper to fit around your child's head. Provide them with items to decorate the hat with such as colouring pencils, glitter, paint and buttons. Once dry use cellotape or glue to stick the hat together. Leave to dry.</p>
20-30mins	Learning and play time	<p>Spend time with your child as they choose their own toys to play with. Take the time to talk to them about their game and join in the play. Ask them what they are playing/making? How did they make it? What is it? How do you play? What makes it special? Ask them about their day and what they have enjoyed. Is there anything they would like to do again? What would they like to do tomorrow?</p> <p>Spending quality time together is important and creates lots of memories for your child.</p>
10-20 mins	Story time/Read a text If you can't find any books to read then you could make up your own stories together OR sing a nursery rhyme or favourite song	




## Thursday

Approx. Timing	Suggested Activity	Activity Plan
10 mins	Mindfulness	This could be a colouring activity, a finger gym or a quiet handwriting exercise such as name writing Something that gets your child ready for a day of learning.
30 mins	Eat breakfast with family	This is where your child will have their bagels (if in school) If you are at home you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.
20 mins	Staying safe and healthy	Use the link below to watch the <i>Baby Shark</i> washing hands video. Remind your child/children about the importance of keeping their hands clean and key times to wash them – when we sneeze or cough, before we eat, after touching animals, after the toilet and when we have played outside. <a href="https://www.youtube.com/watch?v=L89nN03pBzI">https://www.youtube.com/watch?v=L89nN03pBzI</a>
20 mins	Phonics/Reading and literacy	<p><b>Reception:</b> Use the flashcards to practise the speedy sounds. See how quickly you can say each one. Use flashcards: <i>u b f e l h sh r j y w z x, th, ch, qu, ng, nk</i></p> <p>Handwriting – Practise forming the following letters correctly</p>

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		 <p>Down the body and dot for the head.</p> <p>Around the girls face, down her hair and give her a curl.</p> <p>Down the head, to his hooves and over his back.</p> <p>Down a horn, up a horn and under head.</p> <p><b>Nursery:</b> Practise the sounds using their flash cards: m a s d t Practise writing their name using their name cards.</p>
15-20 mins	Break Time	
10 mins	Get active!	<p>Time to get active!</p> <p>Today's challenge: 15 star jumps, 20 hops, 30 seconds running on the spot (repeat twice).</p> <p>Stretch: Stretch and see if you can touch the ceiling/sky. Reach down and touch the ground. Stretch out and try to touch the walls then swap and reach for the other side.</p> <p>Finish with some deep breaths in and out and a cup of water.</p>
25-30mins	Maths Activity	<p><b>Reception:</b> Place flash cards 1-10/1-20 in order. Ask your child to close their eyes then take a selection of numbers away. Ask your child to look and see if they can say what numbers are missing.</p> <p><b>Sharing:</b> Today we would like you to continue focusing on sharing. Explain to your child that they are going to share fairly. This means each person needs to have the same number of toys/objects. Today you will continue to focus on numbers 3 6 9 12 15 18 and share the toys/objects between three.</p> <p>Collect a group of toys or counters and present them to your child. Begin with a number below 12 then move to higher numbers when your child is confident. Ask your child to share the objects between three people (you could use plates/pots or bowls) then tell you how many each person/group has. For example, <u>first</u> we had 12 toys, <u>then</u> we shared them between three people. <u>Now</u> they/we have 4 each. Repeat this for other even numbers up to 18. Ensure your child explains the process by using <i>first, then and now</i>.</p> <p><b>Nursery:</b> Ask your child to count out loud to see how high they can count.</p> <p><b>Counting challenge:</b> You will need a timer for this activity. Say a number between 1-10 to your child. Your child then needs to try and collect the given number of objects as quickly as they can. You could have a box/basket for your child to collect the objects in. Once they have finished check that they have collected and counted the correct number of objects. Repeat this.</p>
10 mins	Washing hands ready for lunch (at school children will wash hands one at a time so more time is needed)	
30-40 mins	Lunch time	
15 minutes	Staying safe and healthy	As in the session this morning – recap the song and remind your child about the importance of keeping our hands clean and our distance from others during this time at home (or at school).
40 mins	<p><b>Party time!</b></p> <p>Check that you have everything you need for your party. Have you put up your decorations? Have you got your party hat on? Do you have all the things you need for your party games? If you are going to have some party food is it ready? Great! We hope you have a wonderful party and a great Summer. Well done for working so hard.</p>	
20-30mins	Learning and play time	<p>Spend time with your child as they choose their own toys to play with. Take the time to talk to them about their game and join in the play. Ask them what they are playing/making? How did they make it? What is it? How do you play? What makes it special? Ask them about their day and what they have enjoyed. Is there anything they would like to do again? What would they like to do tomorrow?</p> <p>Spending quality time together is important and creates lots of memories for your child.</p>
10-20 mins	Story time/Read a text	
	If you can't find any books to read then you could make up your own stories together OR sing a nursery rhyme or favourite song	









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Dear

You are invited to

Time:

Date:

Place:

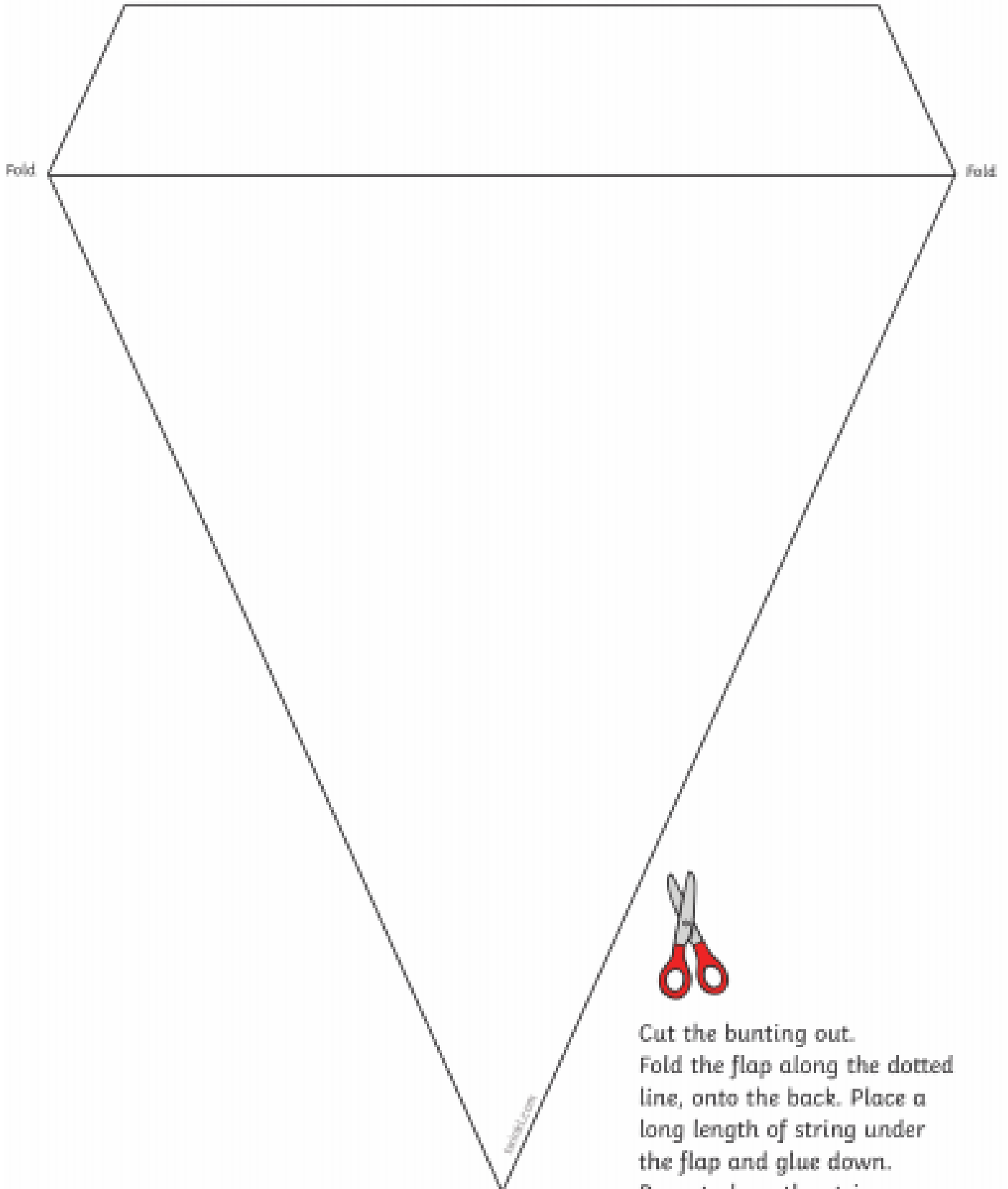
From

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Cut the bunting out.  
Fold the flap along the dotted line, onto the back. Place a long length of string under the flap and glue down. Repeat along the string so you make a string of bunting.