



			Monday			
Approx.	Suggested			Activity Plan		
Timing	Activity	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that				
10 mins 30 mins	Mindfulness PE with Joe Wicks / Eat breakfast with family	gets your child ready for a day of learning. This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.				
	,	Phonics activity Watch and join in with set I sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aR0BVIzaFDM				
30-40 mins	Reading Activity Wash hands	R	the day is 'I_E' Nice smile	only e or pro than We shap wor You ethe two for shap	nember it is a split diagraph, so you a pronounce the first letter as the in the end is magic and it means you nounce the letter name rather in the sound. The going to make a bike using present the sound of 'I_E' and in it. The will need a piece of plain paper to be draw a bike or you can cut out of circles for the wheels a triangle the body of the bike and a t bar of the handlebars. I have ched a picture to show you an	
		written the word	our bike you can now write s you can decorate your pio Smile Bride		Bite Hide	
		Dive Like	Kite	Line	Lime	
		Mine	Mice	Nine	Pipe	
15.20		Pile	Prize	Ride	Slide	
I 5-20 mins			Break Tim	e		
10 mins	Times tables Practice	You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12. Starter: watch numbers to 100 YouTube video:				
30-40	Maths Activity	Today we are goi we will just look a 20 then finally 1-3 https://www.twin	at numbers 1-10 once they 0.	umbers to 30 to consoli are confident with these numbers-1-30-in-differe	date that knowledge. to begin with e we will move on to numbers I- nt-formats-presentation Here is a ble you could use.	
mins		We will then wor tell me a number check that they w	k together on the white bo and colour then I will fill it ill correct me. https://www	oard to colour different in I will test them by ho v.topmarks.co.uk/learnin	numbers in. I will ask each child to vering over the wrong numbers to g-to-count/paint-the-squares	
30-40		In class each child is going to have a tray of sand and I am going to call a number out and get all the children to write this number in the sand, I will walk around and check they have got it right and then write it on the board so they can see it.				
mins			Lunch time			
30-40 mins	Topic/English Activity	who we were cla	oping for every Thursday ni	ght.	o help us such as our keyworkers	
	,				police officers. What number ambulance? That's right 999 and	





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then we must ask for the right people so if there was a fire who would you ask for? Firefighters that's right. Who would you ring if you were lost? That's right the police.



Here is a PowerPoint to use at home: https://www.tes.com/teaching-resource/people-whohelp-us-the-police-service-3005261 in class we are going to use this PowerPoint https://www.twinkl.co.uk/resource/t-t-4903-the-policeand-what-they-do-powerpoint.

We are then going to make our own police hat https://www.adabofgluewilldo.com/paper-police-hatcraft/. I have attached a picture of the finished product.

10 mins		Golden Mile/Physical Activity			
30-40 mins	PSHE/Topic	Today's emotion is Embarrassed! Watch this video you need to start it at 18.35 https://www.youtube.com/watch?v=uvMx-rolxRw pause the video at 19.38 before it plays tomorrow's emotion. • How do you feel when you are embarrassed? Feeling hot in the face, feeling like you could cry, maybe something has not gone right and you want to hide. • Which inside out character do you think represents being embarrassed? I would say maybe sadness as you tend to feel down and not very happy when you are embarrassed. What colour is she? Blue do you think this is a good colour to represent being embarrassed. • Can you act out being embarrassed? Maybe your family could all act it out at once and then if you want to share you can. • Now I want you to draw an embarrassed face what does their face look like? Think about their eyes, mouth etc. You could paint, draw use playdough or even use a tablet to draw on a doodle pad. • Can you name a time you have been embarrassed? Caregivers you start by telling them a time you have been embarrassed now it the child's turn. Discuss these experiences. • What could we do to make ourselves feel better? Tell ourselves that it is okay everyone gets a little bit embarrassed/shy from time to time, maybe we can do a fun activity or something instead, try to see the funny side, laugh it away, laugh with your friends, talk to your friends etc. You could think of something positive to cheer you up, do slow deep breathing to recentre yourself. https://www.youtube.com/watch?v=utZrodPu5sk here is another video that goes through lots of different feelings and what faces we make to show these feelings. We are going to learn the Makaton to "This is me" out of the greatest showman as the song talks about not being afraid, ashamed or embarrassed it is telling you to be brave, confident and to believe in yourself. I believe in you all! https://www.youtube.com/watch?v=Vr I wc4khkGM Here is a video showing Seth Rogan and Sesame Street being embar			
mins		Story time/Read a text			

		<u>Tuesday</u>	
Approx. Suggested Activity Plan Timing Activity			
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.	
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.	
30-40 mins	Reading Activity Wash hands	Phonics activity Watch and join in with set I sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aR0BVIzaFDM Today's sound of the day is 'o_e' Phone home Remember it is a split diagraph, so you only pronounce the first letter as the e on the end is magic and it means you pronounce the letter name rather than the sound.	





		https here https In you ethe	e is a template of a phone was://www.twinkl.co.uk/resour is a free template you can s://www.teacherspayteacher our phone write 'o_e' word or draw your own phone sin can print out the template it dis inside the phone. Once you phone.	rce/t-l-4115-phone-templa download to use at home rs.com/Product/Cell-Phon s. You will need some pla nilar to the one in the pict from the link above and the	e-Template-2072233. in paper and a pencil to cure on the left or if not then write your 'o_e'	
		Phone	Home	Bone	Cone	
		Hose	Globe	Mole	Nose	
		Note	Rope	Rose	Smoke	
		Stone Pole	Throne Hope	Joke Telephone	Alone	
15-20		Tote	Break Time	тегерноне		
mins						
10 mins	Times tables Practice	You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.				
30-40 mins	Maths Activity	Starter: watch numbers to 100 YouTube video: https://www.youtube.com/watch?v=0TgLtF3PMOc&t=1s Today we will continue to consolidate our numbers to 30 then look at numbers to 50. We will work as a class to direct the helicopter to land on the right numbers in this interactive whiteboard game https://www.topmarks.co.uk/learning-to-count/helicopter-rescue.				
		Today we will do a similar today. Like yesterday I will to write it on their white be Once they are confident w printed off some number cohildren all have a selection to find it hug it and when e	correct any wrong number board and I'll walk round an with numbers to 30 we will I ards from the link in yester of the same numbers to 5	formations. So I will call decheck and fix any incorrook at numbers to 50. To day's maths lesson I am go 0 and I am going to say a	out a number ask them rect formations. I do this I will have bing to make sure the number and ask them	
30-40			Lunch time			
30-40 mins	Topic/English Activity	Here is a PowerPoint about how to build a house https://www.tes.com/teaching-resource/how-to-build-a-house-6015616 we are then going to talk about different construction vehicles builders may use or you might find on a building site. For example, digger, crane, dumper truck, tarmac roller etc. You can google pictures to show your child as the link below is not free but is the one we will be using in class. https://www.twinkl.co.uk/resource/t-t-27980-building-site-construction-vehicles-display-photos We are going to construct our own houses using junk/recycling. I have attached a picture below of an example. If not you could have a Lego or block building contest to see who can make the best house.			nouse -to-build-a-house- ferent construction on a building site. For c roller etc. as the link below is not	
10 mins		C	Golden Mile/Physical Activity	,		
30-40 mins	PSHE/Topic	Today's emotion is being loved Watch this video you need to start it at 19.40 https://www.youtube.com/watch?v=uvMx-rojxRw pause the video at 20.43 before it plays tomorrow's emotion. • How do you feel when you are loved? Feel all warm and fuzzy and happy.				





•	What do you love? Friends, family, pets, animals, summer, food etc. Discuss the things you
	love with your family and ask them what they love?

- Which inside out character do you think represents being loved? I would say joy as you tend to feel good, happy and warm inside. What colour is she? Yellow, do you think this is a good colour to represent being loved? Yes or no? Why?
- Can you act out being loved? Maybe your family could all act it out at once and then if you
 want to share you can.
- Now I want you to draw a loved face what does their face look like? Think about their eyes, mouth etc. You could paint, draw, use playdough or even use a tablet to draw on a doodle pad.
- Can you name a time you have been loved? Caregivers you start by telling them a time you have been loved now it the child's turn. Discuss these experiences.
- Can you remember the Makaton sign for love here is a link to remind you of the sign https://www.youtube.com/watch?v=2BA9aitHICQ.
- We are then going to do the Makaton signs for A thousand years by I wouldn't change a
 thing https://www.youtube.com/watch?v=BiexIXR_mpo this song talks about loving someone
 for a thousand years and more.
- Here is a video about what it feels like to be loved https://www.youtube.com/watch?v=48F2BQFnbtQ

10-20 mins

Story time/Read a text

mins				u 10/11		
			Wednesday			
Approx. Timing	Suggested Activity	Activity Plan				
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.				
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.				
30-40 mins Reading Activity Wash hands		Then set 2 and 3: http://doi.org/10.1001/2015/2015/2015/2015/2015/2015/2015/	day is 'e_e' remember is magic and it means you of words with the soun te your 'e_e' words in o		nly pronounce the first letter rather than the sound. all down in a picture of an ether draw an eye yourself	
		Eye Even Compete	Pete Theme Delete	Steve Complete Eve	These Extreme	
15-20 mins		-	Break Time	e		
10 mins	Times tables Practice	You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12×12.				
30-40 mins	Maths Activity	Starter: watch numbers to 100 YouTube video: https://www.youtube.com/watch?v=0TgLtF3PMOc&t=1s Today we are going to make our own number lines the children will get a large strip of paper and 30 squares of paper they will write one number per square and stick them on the strip of paper to create their own number line. I have attached a picture below to show you a rough example. If they complete this and have time they can continue going to 50.				
30-40 mins			Lunch time			





30-40 mins	Topic/English Activity	Everyday heroes and key workers. We will be looking at people who help us such as our keyworkers who we were clapping for every Thursday night. Today we are going to look at the people who help fix our cars. They are called mechanics and they work in garages. We are going to look at different tools they use and pictures of vehicles they fix https://www.twinkl.co.uk/resource/t-t-27859-mechanics-garage-display-photos . We will talk about how when cars get broken, they must go to the garage to get them fixed. We are going to make our own cars using toilet roll tubes and cardboard for wheels. I have attached a picture of an example.				
10 mins		Golden Mile/Physical Activity				
30-40 mins	PSHE/Topic	 Today's emotion is being frustrated! Watch this video you need to start it at 20.45 https://www.youtube.com/watch?v=uvMx-rolxRw pause the video at 21.45 before it plays tomorrows emotion. How do you feel when you are frustrated? Is something going wrong? Are you having to keep waiting around? Are you feeling like things are not fair? Can you act out being frustrated? Maybe your family could all act it out at once and then if you want to share you can. Think about your face and your body how do they look when you are frustrated? Now I want you to draw a frustrated face what does their face look like? Their eyes, mouth etc. You could paint, draw use playdough or even use a tablet to draw on a doodle pad. Can you name a time you have been frustrated? Caregivers you start by telling them a time you have been frustrated now it the child's turn. Discuss these experiences. What could we do to make ourselves feel better? We could get up and jump around to try to make ourselves feel better, explain how you are feeling to help that feeling go awat, go outside to cool down and get some air, calm down by doing our deep breaths and re centre ourselves, do some stretches etc. Here is a video showing Ray Romano and Grover from Sesame Street talking about frustration https://www.youtube.com/watch?v=foC008X-Njl . Here is a story called when I am frustrated https://www.youtube.com/watch?v=5rxe0FGRHuU . 				
10-20 mins		Story time/Read a text				
Annuar	Suggested	Thursday Activity Plan				
Approx. Timing	Suggested Activity	Activity Plan				
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.				
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.				
30-40 mins	Reading Activity Wash hands	Phonics activity Watch and join in with set I sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aR0BVIzaFDM Today's sound of the day is 'a_e' Make a cake Remember it is a split diagraph, so you only pronounce the first letter as the e on the end is magic it means you pronounce the letter name rather than the sound. Here is a worksheet where you can design your own cake we will use this one in school https://www.twinkl.co.uk/resource/t-t-8II-design-a-wedding-cake and here is a free one for you to at home https://www.activityvillage.co.uk/design-a-cupcake-worksheet . Today we are going to design our own paper cake and write our 'a_e' words on or around it. You need a large piece of plain paper to draw your own cake on and then write the 'a_e' words on or around it. Once you have done this you can colour in and decorate your cake. Make Cake Carpet Army				



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Bark Starch



		Farther	Bark	Starch	Star		
		Dark	Charm	Jar	Farm		
		Sharp	Art	Market	Far		
15-20			Break Time				
mins 10 mins	Times tables Practice	You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12x12.					
30-40 mins	Maths Activity	2D Shape Word Circle rectangle square square sprown Rectangles red	heptagon bite she out red and do this fattes://www.twin but here is a free https://www.tes.colouring-works	lass we are going to go ove ws lots of different 2D shap verPoint we will be using is sis://www.twinkl.co.uk/resou2d-shape-ks I-powerpoint-overPoint that is similar is://www.tes.com/teaching-rishapes-powerpoints-606500 will then as a class use a shet. All children will have the a shape and colour e.g. colour all the shapes. We will bakl.co.uk/resource/t-n-4957 to one for you to download com/teaching-resource/year heets-11444792 or you can like the picture below.	r a PowerPoint that bes the link for the lin		
30-40 mins		Lunch time					
30-40 mins	Topic/English Activity	such Toda are ti We a Powe poste https throu resou We a orang them	as our keyworkers who way we are going to look at the people who help us crowned are going to focus on howerPoint https://www.twinkers-powerpoint here is a law to cross the road unce/road-safety-crossing-to are going to make our owinge and red. Get your child in the right order on the le and green at the botton	to cross the road safely we .co.uk/resource/t-t-7201-roink to some videos and resorce/crossing-roads/ and a F safely https://www.tes.com	thursday night. they? That's right they will go through this pad-crossing-safety- cources PowerPoint that talks /teaching- black paper, yellow, aree colours then stick top, then orange in the		
10 mins		Golden Mile/Physical Activity					
30-40 mins	PSHE/Topic	 Today's emotion is being sorry! Watch this video you need to start it at 21.46 https://www.youtube.com/watch?v=uvMx-ro]xRw pause the video at 23.02 before it plays tomorrow's emotion. How do you feel when you are sorry? Are you worried that you've done something wrong? Are you feeling like you've upset someone? Did something get broken or did something get lost? Did somebody feel hurt or did somebody get cross? Sometimes when you are sorry you might want to cry. You can't always fix it. Which inside out character do you think represents being sorry? I would say maybe sadness because you tend to feel bad and down when you have to say sorry. What colour is she? Blue, do you think this is a good colour to represent being sorry? Yes or no? Why? If no, what colour should represent being sorry? 					





- Can you act out being sorry? Maybe your family could all act it out at once and then if you want to share you can.
- Now I want you to draw a sorry face what does their face look like? Think about their eyes, mouth etc. You could paint, draw use playdough or even use a tablet to draw on a doodle pad.
- Can you name a time you have been sorry? Caregivers you start by telling them a time you have been sorry now it the child's turn. Discuss these experiences.
- Remember it is okay we all make mistakes, break things and get things wrong. But we need to say sorry if we hurt someone. It is good to say sorry, be honest and own up and be brave. Make sure you mean it and explain why you are sorry.
- Who can remember the Makaton sign for sorry? https://www.youtube.com/watch?v=20xt- <u>0scQD4</u>.
- Here is a nice song about manners and saying sorry in different situations https://www.youtube.com/watch?v=P44jq-EgpdQ.
- Here is a story about saying sorry and having empathy https://www.youtube.com/watch?v=CQJz0sVtoYA .

10-20

10-20 mins	Story time/Read a text					
	<u>'</u>		Friday			
Approx. Timing	Suggested Activity	Activity Plan				
10 mins	Mindfulness	This could be a colouring activity, a breathing exercise or a quiet handwriting exercise. Something that gets your child ready for a day of learning.				
30 mins	PE with Joe Wicks / Eat breakfast with family	This is where your child will have their bagels (if in school) it is a good time to do Joe Wicks PE if you are at home or you could use this time to sit as a family and eat breakfast together. It is important to teach children how to hold a conversation or have good table manners.				
30-40 mins	Reading Activity Wash hands	Phonics activity Watch and join in with set I sounds: https://www.youtube.com/watch?v=hCBzNnSSxds Then set 2 and 3: https://www.youtube.com/watch?v=aR0BVIzaFDM Today's sound of the day is 'u_e' Huge Brute Today we are going to draw a picture of a cube and write our 'u_e' words around it or inside it. You will need a large piece of plain paper to draw a cube or print out a picture of a cube from the link below. Now write as many 'u_e' words as you can think of around your picture or inside the ghost. You can write them in different colours is you want to. Once you have written the words you can decorate your picture. http://printables.atozteacherstuff.com/435/cube-pattern/ Huge Brute Tube Cube Tune June Duke Rude				
15-20 mins			Break Time	e		
10 mins	Times tables Practice	You should practise times tables every day. Reception: doubling and halving Year 1&2: 2s, 5s, 10s Year 3: 3s, 4s, 8s Year 4,5,6: All timetables up to 12×12.				
30-40 mins	Maths Activity	Today in maths we are going to continue looking at 2D shapes. https://www.bbc.co.uk/bitesize/clips/zhnvcdm We are going to look at this interactive whiteboard sorting activity https://classroomsecrets.co.uk/category/maths/year-I/autumn-block-3-shape/step-4-autumn-block-3-shape/ We are going to look at the properties of 2D shapes today. We are going to look at a PowerPoint in class but I have attached the information in a picture below. https://www.twinkl.co.uk/resource/t-n-2544807-year-I-properties-of-shape-warm-up-powerpoint Today we are going to draw the shapes in sand or you could make them out of playdough and talk about how many sides and vertices (corners) each shape has as you are making them.				





		2D Sł	ıapes	3			
		Name	Sides	Vertices			
		triangle	3	3			
		circle	1	0			
		square	4	4			
		rectangle	4	4			
		pentagon	5	5			
		hexagon	6	6			
		oval	1	0			
		rhombus	4	4			
30-40			1	Lunch time			
mins		Everyday heroes and key	workers.	We will be I	ooking at people who help us such as our keyworkers		
		who we were clapping fo					
					works early in the morning to come round and collect all y drive the bin lorry to come and collect all our rubbish		
30-40	Topic/English	·	no about	what to do y	with your rubbich		
mins	Activity	Start by watching this video about what to do with your rubbish https://www.bbc.co.uk/bitesize/clips/z9p9j6f . Then					
		https://www.twinkl.co.uk/resource/tg-ga-59-twinkl-green-week-junk-jumble-recycling-gamegoing we are going to look at recycling and what is recyclable and what is not.					
		We are going to make stick puppet refuse collectors https://www.twinkl.co.uk/resource/t-t-10910-					
		refuse-collector-stick-pup recycling-sorting-activity	pets here	e is a free act	civity https://www.twinkl.co.uk/resource/au-t-1667-		
10 mins			Golden N	1ile/Physical .	Activity		
		sometimes we don't know feelings and tell people.	w what so	omeone is fee	n about feelings and how everyone has them but eling and that's why it is important to talk about your		
		Watch this video you need to start it at 23.06 https://www.youtube.com/watch?v=uvMx-ro]xRw .					
		Everyone has feelings					
		Everyone had someone they can tell: family, friends, teacher etc.					
		Sometimes you	r feelings	make you fe	el good and other can make you feel down.		
30-40 mins		Here is a Makaton song can't stop the feeling by Justin Timberlake					
		https://www.yo			6P5Pn_bYfo or this one		
	DCL LE/Tasia						
	PSHE/Topic	8	6	https://	Here is a recap of some emotions \(\square\) \(\square		
		63	0		Here is the original Makaton video showing you the		
			•		or different feelings, emotions and moods		
			Daniel Street	https://	/www.youtube.com/watch?v=EfrJriE5Hwg&t=34s .		
		6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6	ふ六	using r	We are going to test if we can recognise emotions pictures of faces. I am going to draw some faces and		
		" "		chop t	hem in half to see if the children can match the right		
		O/ Essori From I	~		s to the right eyes and eyebrows. I have attached a e to show you what I mean.		
		 In school we ar 	e going to	go through	some videos and try to identify the right emotions		
			utube.con	n/watch?v=a	nHnpDfsltc and here is another video option		
		nups://www.yo	utube.con	ni waten!V-Z	Aijiciyoug.		





	 We are going to make our own Lego person with two emotions/moods first download the Lego person outline, print it and cut it out. Next download, print and cut out two emoticons
	stick one and one side of the Lego person flip it over and stick the other one on the other
	side. http://www.build-happy.co.uk/buildhappy-mood-monsters/
10-20 mins	Story time/Read a text