



Sir Martin Frobisher Academy – PE Topic Overview

Year Group	Autumn		Spring		Summer	
	1 st Half	2 nd Half	1 st Half	2 nd Half	1 st Half	2 nd Half
Reception	Multi-skills	Physical Literacy	Dance	Gymnastics	Physical Literacy	Athletics
Year 1	Gymnastics	Dance	Games: Run, Jump & Throw	Games: Send & Return/ Hit, Catch & Run	Games: Attack, Defend, Shoot	Athletics
Year 2	Gymnastics	Dance	Games: Run, Jump & Throw	Games: Send & Return/ Hit, Catch & Run	Games: Attack, Defend, Shoot	Athletics
Year 3	Gymnastics/Dance	Football/Basketball	Hockey/Volleyball	Handball/Tennis	Athletics	Rounders/Cricket
Year 4	Gymnastics/Dance	Football/Basketball	Hockey/Volleyball	Handball/Tennis	Athletics	Rounders/Cricket
Year 5	Gymnastics/Dance	Hockey/Volleyball	Football/Basketball	Handball/Tennis	Athletics	Rounders/Cricket
Year 6	Gymnastics/Dance	Hockey/Volleyball	Football/Basketball	Handball/Tennis	Athletics	Rounders/Cricket