At Sir Martin Frobisher Academy, our P.E. curriculum aims to encourage children to develop their physical potential and develop their

self-esteem through the participation of high-quality

learning within and beyond the P.E. curriculum each week.

We aim to value the benefits of a healthy balanced lifestyle and to develop children’s physical competence by being actively involved in a variety of physical activities which are both formal

and informal.

The children take part in mandatory weekly P.E. lessons which encourages and aids the children to have a positive mindset. Children are actively encouraged to use their physical skills at lunchtime where playground markings allow the children to take part in physical games alongside having a wide variety of sporting equipment available to use.

Intent

At Sir Martin Frobisher Academy all the children take part in a weekly P.E. lesson led a PE specialist who follows the ‘Get Set 4 PE’ scheme of learning. Throughout the year each half-term has a different focus where they develop new skill which come under the following topics:

* Target games
* Gymnastics
* Dance
* Ball skills
* Net and wall
* Athletics

As children progress through the school from EYFS to KS1, they revisit the appropriately sequenced physical skills. This allows children to have the opportunity to achieve and develop the depth of their learning and ability. Children are provided with a variety of opportunities for their P.E. lessons to take part both in an inside and outside environment.

Children take part in suitably challenged physical tasks and questioned on health to apply their learning in an open manner and to develop their physical skills. To further develop their physical ability and to develop their love and interest of staying healthy, children have the opportunity to learn from a P.E. specialist. They can have class sessions with the specialist where they learn and develop their physical skills. Children are given the opportunity to have swimming lessons at the local leisure centre when they are in year 2 where they complete a sequence of lessons. Children are also invited to take part in local sporting competitions and sporting clubs after school to continue their development and interest in learning new physical skills.

Implementation

P.E.

Curriculum

Impact

At Sir Martin Frobisher Academy our P.E. curriculum is planned for the children to demonstrate and develop their physical skills alongside learning the importance of what out bodies need to be as healthy as possible.

Through the ‘Get Set 4 PE’ scheme of work being followed and taught to all children, they develop their love of exercise where they are fully engaged and focused on becoming healthy individuals who are physically active.

Upon the completion of each P.E. unit and throughout it, teachers will assess children against the P.E. progression of content document and the national curriculum.

Termly assessments take place to allow teachers to track the children’s progress against age-related expectations for P.E.